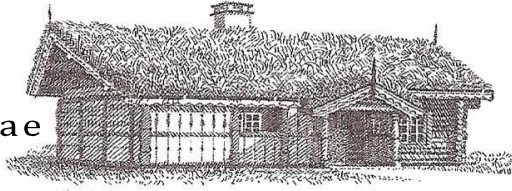


# LAFT HUS NEWS

Issue 124

August 2021

Editor: J. Macrae



Norwegian Laft Hus Society

4402 - 47 Avenue, Red Deer, Alberta T4N 6T4

403-347-2055 [norwegianlafthus@gmail.com](mailto:norwegianlafthus@gmail.com)

[www.norwegianlafthussociety.ca](http://www.norwegianlafthussociety.ca)



## SUMMER SATURDAYS



The Norwegian Laft Hus was unable to host the annual Festival in June this year, so we decided to do two 'Summer Saturday' events. There is no cost to these events.

The first one will take place on Saturday, July 24, 2021, and focuses on Norwegian crafts. Our visitors can try rosemaling painting, nisse (gnome) crafting, Norwegian paper stars & paper heart baskets and Klokkestreng (bell pull stitchery); plus, there will be demonstrations of other crafts. The event will take place outside at the Laft Hus from noon to 4 pm.

The second event will take place on Saturday, August 14, 2021, and focuses on stories and games. There will be 4 stories with activities to go with them. There will be games with our 'Viking' members. The event will take place outside at the Laft Hus from noon to 4 pm.



## ALBERTA CULTURE DAYS



Alberta Cultural Days takes place in September this year. The Norwegian Laft Hus will host an event over 2 Saturdays on September 11 and 18, 2021 as part of the cultural community in Red Deer. We will host this event from 12:00 noon to 4:00 p.m. on both days. The theme this year is 'Re: Imagine' and focuses on building change into the future of arts and culture.

Our displays will include an indoor study on the history of Norwegian women and how they lived in the past. This display was created by our summer students, Cassidy and Leah. Our outdoor activity will focus on how Norwegians live today. We will invite our visitors to practice 'kos' or relaxing time in the park. Come enjoy the children's art display and music.

More information on all of the local Cultural Days events can be found on the websites for the City of Red Deer Cultural Days or from the Red Deer Arts Council.

# LAFT HUS HAPPENINGS



These visitors (3 generations) wanted to spend time at the Laft Hus and do a craft, so Julie taught them rosemaling painting.

## Translations

Mormor – Mother's mother

Farmor – Father's mother

Morfar – Mother's Father

Farfar – Father's Father

Bestemor – Grandmother

Bestefar – Grandfather



This beautiful Telemark bunad was Anna Anholt's and her sons have donated it to the Laft Hus. It turns out that Anna was the great aunt of our mayor, so Tara Veer attended and gave a speech at the presentation.

We have bunad trim and clasps for sale. We also have bunad patterns you can use, including a man's bunad pattern.

Do you remember me showing you photos and telling you about the actors and actresses using the Laft Hus last March while they were filming a movie in the old school house in Heritage Square. Well, now you can watch Jason Steele's movie called "Cheaters, Robbers and Outlaws" on You Tube.

Our Annual Meeting was held on Sunday, July 11th with 17 members attending. It was a beautiful day and we sat in a circle in the shade under the tree in front of the Laft Hus. The financial statement and budget were approved and President Judy Windrim gave her report. 2020 was the year of COVID, so not too much happened. The present board will finish out the year and then we will have an election at the next annual meeting in March 2022.



# KROTING



Julie Macrae did some kroting (geometric patterns) on the ceiling log upstairs with chalk. Also, you can see in the photo that Christine Finlayson tried her hand at it.

For centuries, Norwegian farmhouses had open fireplaces. A raised hearth was built in the center of the floor, with a smoke hole in the roof above. Kroting was a simple way of decorating a house with smoke-stained logs and few or no windows. There are only a few examples of kroting remaining and these are found in the western part of Norway. The chalk paint was made by grinding elements from the earth into a fine powder and mixing it with kefir. Designs were then painted on the walls with fingers or a hand-made brush of some sort.

Here's a really interesting website that tells you all about dye colors in the Viking Age. <https://skjalden.com/plant-dye-colors-in-the-viking-age/>





Mange Takk (many thanks) to On Earth Gardens and Greenhouse for donating plants for our window boxes. Here's Edie Madden planting them.

If you want to demonstrate a Norwegian craft this Saturday or any day this summer at the Laft Hus, let us know. Visitors love to see demonstrations.

Craft ladies meet on Wednesdays 9:00 - 3:00.

If you're not sure if you have paid your membership, phone the Laft Hus and we can look it up for you.

I like this picture of bunads on the famous tourist attraction rock/cliff in Norway called Preikestolen ("The Pulpit Rock").

We have someone looking for a large Dale of Norway man's sweater, if anyone has one they want to sell.



The 2021 Norsk Hostfest in Minot, North Dakota has been canceled because of many different factors caused by the pandemic. Plans are underway now for 2022.



# HIGHLIGHT ON MEMBERS



**Ronald & Edith Svanes**

## Ronald Svanes Family

My Father: My uncle, Peter Bradley (Bradlii), immigrated from Egersund, Norway and filed for a homestead (SW 18-13-21 W4) in 1905 in the Bowville area east of Carmangay. This is still our farm base. My Dad, Trygve Svanes, was from Egersund, Norway (the area where he grew up is called Svanes). In 1913 he immigrated to Canada and was going to visit his sister, Maren Bradley, on his way to Vancouver. He arrived to find out his sister had passed away (birthing complications) on the day his ship sailed from Norway. Instead of continuing to Vancouver he decided to stay and farm with his brother-in-law. Peter left the area in 1924 and my dad purchased the farm.

My Mother: My grandfather Ole and his brother Nils, from Veldre, Norway immigrated to Canada in 1904 settling in Claresholm where they had relatives. My great-grandparents (Julius and Olina) arrived in 1905 with 2 daughters, another son, and an adopted son. That year Ole, Nils and Julius filed for homesteads also in the Bowville area. My grandfather, Ole Fremstad, returned to Norway in 1911 to bring his bride, Maria Hageberg from Ringsaker, Hedimerken, Norway, back to Canada. There were 4 children born: Olga, Ethel, Mabel, and John. After my great grandparents passed away my uncle John bought their farm and after my grandpartents passed away John took over that farm too. My mother, Mabel Fremstad, married my dad in 1949. Later that year I was born.

My Family: During my growing up years I helped my parents on the farm. After getting my BSc (Ag.) from the U of A in 1971 I returned to take over the farm. My parents retired to Lethbridge at this time. I married Edith Wray in Oct 1972, and we had 2 children, Amanda, and Thomas (Tom). When we incorporated the farm in the late 1990's we decided on the name "Egersund Farms Ltd". Amanda married her high school sweetheart, Jason Zeinstra, and they have taken over the farming operations. They have a daughter, Zoey Maren (2012). Our son, Tom, lives in Red Deer, and works at RBC. He married Erika Hoffman and they have 3 children, Cameron & Riley (2012) and Allie (2015). Interesting note: the Fremstad homesteads and the Svanes homestead are 1 ½ miles apart. My cousin, Lawrence Fremstad, still owns their family farm. Presently Egersund Farms Ltd. Operates both family farms. We also own the farm that was owned by my cousin, Martin Bradley (son of Peter and Maren Bradley). In 2013 we were awarded the Alberta Century Farm Family award. I wanted to celebrate the 100 years since my father arrived in Canada. Today Mandy and Jason manage the farm corporation...so this makes 6 generations of the Fremstad family and 4 of the Svanes family in the Bowville area.



# NORWAY NEWS

The self-driving ferry, Zeabuz, is being launched in Trondheim. The groundbreaking zero emission ferry was developed by a scientist from The Norwegian University of Science and Technology in Trondheim. Cameras and sensors scan the water for potential obstacles so that the ferry gets you safely across urban waterways. >



< FjordSaga is an authentic fjord round trip in UNESCO World Heritage fjords, that starts off in August 2021. The trip lasts for four nights and five days filled with charming villages, heritage farms, music, culture, history and much more.. You travel by boat, but stay and eat locally ashore. Built in 1985, the boat can carry 46 passengers and cruises at a speed of 20 knots. It's unique hull lets it dock straight onto a rocky shore and can even tip its bow into waterfalls.

## Right to Roam



In Norway you may put up a tent, or sleep under the stars, for the night anywhere in the countryside, forests or mountains, as long as you keep at least 150 metres away from the nearest inhabited house or cabin. This rule of a 150 metres distance also applies to camping cars and caravans.

The right to roam, also called the right of access (“allemannsretten”) is a traditional right from ancient times, and from 1957 it has also been part of the Outdoor Recreation Act. It ensures that everybody gets to experience nature, even on larger privately owned areas. If you want to stay for more than two nights in the same place, you must ask the landowner's permission, except in the mountains or very remote areas.

The main rules are easy: Be considerate and thoughtful. Don't damage nature and other surroundings. Leave the landscape as you would want to find it. Places for emptying toilets are signposted. Doing so elsewhere is strictly prohibited.

# SMILE PAGE



I don't need therapy, I just need to go to Norway.



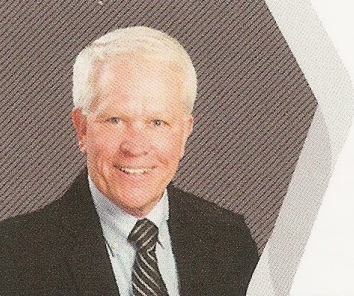
Ole and Sven are riding along on a tandem bicycle when suddenly, Ole on the front slams on the brakes, gets off and starts letting air out of the tires. Sven on the back says: "HEY! What are you doing that for!?" Ole says, "My seat was too high and was hurting my butt. I wanted to lower it a bit." Sven has had enough. He jumps off, loosens his own seat and spins it round to face the other direction. Now it's Ole's turn to wonder what's going on. "What are you doing?" he asks. Sven says, "if you're going to do stupid stuff like that, I'm going home!!"



Happiness is a place between too much and too little.




# A big TUSEN TAKK (thousand thanks) to our advertisers.




RE/MAX®  
real estate central alberta  
4440 - 49 Avenue  
Red Deer, AB T4N 3W6

Office: 403-343-3020  
bryan.wilson@telus.net  
www.reddeerhouses.com

**Bryan Wilson** Cell: 403-340-9436  
Associate Broker, REALTOR®

  
Each Office Independently Owned and Operated



**Pioneer's Lodge**  
One of a kind historic meeting place in Red Deer  
Centrally located with excellent parking and fully accessible facilities.  
**Hourly, daily and yearly rates**  
Capacity for 100 guests (85 seated)  
Full Kitchen, Sound System, Projector Screen  
**More information online including available dates and online booking form.**  
Visit: [www.parkvale.ab.ca](http://www.parkvale.ab.ca) Call: 403.346.3643  
Email: [pioneer.lodge.reddeer@gmail.com](mailto:pioneer.lodge.reddeer@gmail.com)



**THIS & THAT Sharpening Services**  
LEN & GYLE TENPAS  
Ph.: (403) 346-8285 • Fax.: (403) 314-4483  
#5, 4621 - 63 Street, Red Deer, AB T4N 7A6  
[service@thisandthatsharpening.ca](mailto:service@thisandthatsharpening.ca)

**Computer Doctor**  
*Bill Goldade*



Ph. 403-391-6896  
[computerdoctor1@shaw.ca](mailto:computerdoctor1@shaw.ca)

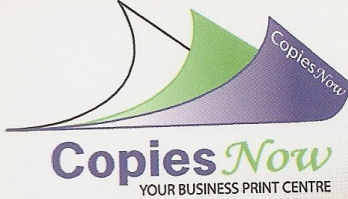


**ROGERS INSURANCE LTD.**

QUALITY INSURANCE SOLUTIONS FOR 40 YEARS AND COUNTING

CONTACT US TODAY:  
email [info@rogersinsurance.ca](mailto:info@rogersinsurance.ca)  
phone 403.342.5074

   [rogersinsurance.ca](http://rogersinsurance.ca)



**Copies Now**  
YOUR BUSINESS PRINT CENTRE

**Doug Free**  
Owner  
403.343.1155  
4721 - 50th Avenue  
[copy@copiesnow.ab.ca](mailto:copy@copiesnow.ab.ca)  
Downtown Red Deer  
AB T4N 4A2



**Lomsnes VETERINARY HOSPITAL**

C 3450 - 50 Ave, Red Deer, AB T4N 3Y4

Tel: 403.342.6040 • Fax: 403.309.9355 • Email: [info@lomsnesvet.ca](mailto:info@lomsnesvet.ca)  
Website: [www.lomsnesvet.ca](http://www.lomsnesvet.ca)

**Trollhaugen**  
Language arts and culture camp

Family fun, a camp for all ages  
August 8 - 14, 2021  
[www.trollhaugenalberta.ca](http://www.trollhaugenalberta.ca)  
[trollhaugencamp@gmail.com](mailto:trollhaugencamp@gmail.com)