# LAFT HUS NEWS

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### CULTURE DAYS at the Norwegian Laft Hus

September 11

Saturdays 12:00 noon to 4:00 p.m.

September 18

As of the printing of this newsletter, the performer for September 11 is not confirmed. However, for September 18 Donna Durand will be driving from Edmonton to sing for us. I'm sure many of you remember Donna, who lived and performed in Red Deer for quite a few years, including performing at the Laft Hus.



#### Here's a little bio on Donna:

As a singer songwriter Donna focuses on the same principles as in dementia care: feelings matter most. She has been honoured with Red Deer Mayor's award for excellence in performing and fine arts; and she has opened for Ian Tyson. Her CD The Road Back, capturing a prairie sentiment, is receiving worldwide airplay. In recognition of her efforts in seniors' advocacy and fine arts, Donna's name has been added to the Wall of Fame at the Camrose Composite High School.

#### **CRAFT & BAKE SALE**

November 27 Saturday 9:00 - 4:00 November 28 Sunday Noon - 4:00

Baking Work Days: Lefse Oct. 27, 28, 29, 30, Nov. 1 & 2; Flatbread Nov. 3; Rosettes, Fattigmann & Lace cookies Nov. 10; Krumkake & Sandbakkels Nov. 17; Cookies Nov. 24.

## HAPPENINGS AT THE LAFT HUS

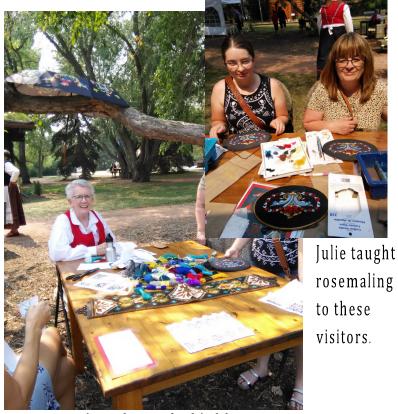


Member Barry Oram, along with his wife and daughter, learned a nisse (gnome) craft from Kathy Mullin.

Judy Windrim organized two Saturdays in July and August doing crafts, stories and games. A big TUSEN TAKK to Judy and all those who helped with these events.



Edie Madden, Anita Dupen and Lynn Cwiklewich helped with a Norwegian star and heart basket craft.



Donna Polutnik taught klokkestreng.



Janina Carlstad demonstrated her Scandinavian flutes.

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In July Julie put on a class for Cristy Franco's school kids where they learned to make krumkake and learned to make a heart basket.









In June our member Dylan Viste volunteered to cut the grass on the Laft Hus roof! A huge big TUSEN TAKK (thousand thanks) to him.



Julie Macrae painted a birdhouse as a fundraiser (and advertising for us) for Vantage Community Services Society.



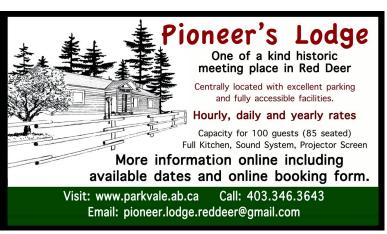
## VIKING KIDS CAMP

Bernardo and Gonzalo
Franco came dressed in
their Viking outfits and
showed the kids in the
Viking Day Camp some
proper moves with the
sword and shield. MANGE
TAKK (MANY THANKS) to
them for doing this.











BUTIKK Here's some new items for sale that we just received in our butikk:





Norway hoodie

Ladies Sherpa lined hoodie vest

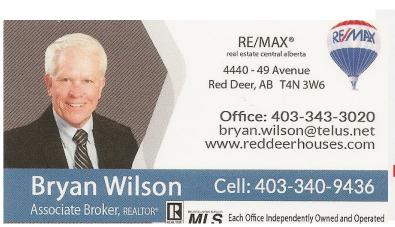


Uff Da toque



Drinking napkins

A new perk of being a Laft Hus member is you get 5% off any Butikk purchase.





## NORWAY NEWS

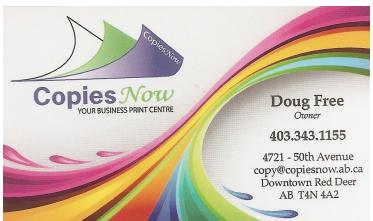
A recent article in the Economist magazine was about "Saving Setesdal: Fiddlers of the fjords – Norwegian folk music is worth preserving, says the UN".



Setesdal, a winding valley to the north of Kristiansand in southern Norway, was once a place of traditions little changed since medieval times. Chief among these were song and dance marked by improvisation and a beat as visceral as the blues. Birth, death and every step in between happened to music. But over the years radio, TV and then the internet wormed their way into its hamlets

Now only a handful of stalwarts know the old tunes and dances. Fearing that they might disappear, UNESCO, the UN's culture agency, gave Setesdal a listing at the end of 2019. To revive these Setesdal folk traditions, the local newspaper started printing stever (four-lined ditties sung in a call-and-response fashion). These are common at weddings and other celebrations. Starting this fall schools will incorporate traditional music and dance into the curriculum, and those who teach these skills will earn good wages. After the torments of lockdown, people are craving for community and want to know who they are, where they're from and what they're about. A soulful experience of dance and music can provide that insight.









The Hurtigruten Museum at Lofoten, Vesterålen in northern Norway opened this summer. The ship MS Finnmarken from 1956 got its own iconic building and proudly stands as a monument to Norway's coastal history in the center of Stokmarknes, the birthplace of the Hurtigruten. The importance of the Hurtigruten for the Norwegian coast is highlighted through modern exhibitions, participation and knowledgeable hosts.

Another place just opened in June is "Over" in Lillesand, in southernmost Norway. OVER is the world's tallest free-standing climbing tower. It is 47 meters high, built of solid wood and is first and foremost an experience tower with internal stairs that is open to everyone. Outside there is a sports facility for climbing.





Family fun, a camp for all ages August 8 = 14, 2021 www.trollhaugenalberta.ca trollhaugencamp@gmail.com



Ole and Sven were looking at a Sears catalogue and admiring the models. Ole says to Sven, 'Have you seen the beautiful girls in this catalogue? Sven replies, 'Yes, they are very beautiful....and look at the price!' Ole says, with wide eyes, 'Wow, they aren't very expensive. At this price, I'm buying one.' Sven smiles and pats him on the back. 'Good idea! Order one and if she's as beautiful as she is in the catalogue, I will get one too.'

Three weeks later, Sven asks his friend, 'Did you ever receive the girl you ordered from the Sears catalogue?' Ole replies...... 'No, but it shouldn't be long now. I got her clothes yesterday!'





Here's a recent picture of the Laft Hus with the wind blowing the Norwegian flag nice and straight.

This is the last week for our summer students keeping the Laft Hus open every day, but we will be open throughout the year on Wednesdays 9:00 - 3:00.

We value your membership, so if you haven't paid your membership (\$25 single or \$35 couple), please do so. We don't want to stop sending you this newsletter. MANGE TAKK (Many Thanks!)