

# The Fabulous

Alberta • Saskatchewan



# Fourth Footnotes

Montana • North Dakota

April 2018

Greetings from your District President:

I hope you all are having a great spring – although it does seem to be coming in rather slowly. The warmer weather will be a very welcome experience.

I hope you all have delegates who will be attending the District IV Convention in Bismarck, June 14-16, 2018 at the Radisson Inn. Sverdrup Lodge has been working very hard on all the plans and I know they have some wonderful things planned for us. Sverdrup is a very organized, solid lodge with members who work to make sure they have done the very best for us to enjoy the time we will spend there in Bismarck.

I hope your lodge is doing okay with the new dues structure. Of course it will take the rest of this year to see how we have done with the increase in dues. Some lodges have come up with some creative ways to help their members with the increase in dues.

Another reminder the IRS form 990 (this includes the 990, 990EZ and the 990N) is required to be filed by May 15, 2018. The instructions as to how to accomplish this is in the letter sent out by the home office to the lodge presidents. It is imperative that you file this important tax form by May 15. Failure to file could result in an automatic loss of tax-exempt status for your lodge and of course, none of us want to see the happen.

I hope your lodge is making plans to celebrate Syttende Mai next month. It is one of those times that are very special for the Sons of Norway. The activities, social, and programs seem to have an extra special meaning on this day of celebration. So I hope you have some great things planned.

Have a wonderful spring and summer season and always remember to be ready to invite someone to join Sons of Norway. Make sure you have that membership application handy.

Thanks for all you do for Sons of Norway.

Fraternally,

*Nordy*



Think Spring  
Think Membership



## Sons of Norway's Mission

*The mission of the Sons of Norway is to promote and to preserve the heritage & culture of Norway, to celebrate our relationship with other Nordic Countries, and to provide quality insurance and financial products to its members.*

[www.sofn-district4.com](http://www.sofn-district4.com)



## Kalendar

**May 1..... Delegate Registration Due  
District IV Convention**

**May 15 ..... IRS Form 990 Due**

**May 15 ..... SON Candidate Leadership  
Applications Due to Nominating  
Committee**

**June 1-3 .....Zone 4 Sports Weekend  
Lethbridge AB**

**June 7-10..... Trollfjorden Camp  
Bottineau ND-**Cancelled for 2018****

**June 14-16, 2018...District IV Convention  
Bismarck ND**

**July 5-8 .....Bjornetann Camp  
Red Lodge MT**

**August 12-18..... Trollhaugen Camp  
Alix AB**

**August 16-18, 2018 ..... International  
Convention--Bloomington MN**

**September 14-16...Fall Folk Dance Wkshp  
Calgary AB**

**September 26-29 ..... Norsk Hostfest  
Minot ND**

**December 31 ..... Dist IV Fraternal Funds  
Grant due to Zone Director**

## Time is Running Out

## Consider Running for Office

## Now is Your Chance

Contact your District IV Nominating  
Committee listed below and Forms are  
available on the Distict IV SON website

John Trangmoe  
Bitterroot Dalen Lodge 4-656  
105 Meadow Drive  
Hamilton, MT 59840-3178  
[john.trangmoe@gmail.com](mailto:john.trangmoe@gmail.com)  
406-363-2463

E. Diane Berg  
Brubyen Lodge, 4-576  
325 Keevil Crescent, Unit 445  
Saskatoon, SK S7N-4R8, Canada  
[edberg@sasktel.net](mailto:edberg@sasktel.net)  
306-373-3156

G. Paul Larson  
Gyda Varden Lodge 4-021  
2918 Chestnut Street  
Grand Forks, ND 58201-7528  
[gpaul\\_larson@yahoo.com](mailto:gpaul_larson@yahoo.com)  
701-772-6003

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## Think Leadership





## Zone 1 Report

I began the year by visiting Vaarliv Lodge in Fairdale. I had received notice that they were planning to disband. I arranged to come to their meeting where we discussed doing a membership drive. That is still in the works, but they did choose to send a delegate to convention, and hopefully we will get the membership dinner arranged soon. Thanks to Elaine Nelson for offering to help with that.

Mollargutten in Maddock celebrated our 50th anniversary with a very successful party on April 7. Close to 100 people were in attendance for the program and the dinner. We welcomed visitors from Heim Lodge in Devils Lake, Mjøsén Lodge in Mayville, Fagerlund Lodge in Manfred and Hjemdahl Lodge in Valley City. Carrol Juven of Fargo, who was very active in the start of the lodge, gave remarks at the program. International officers attending were Steve Halvorson and Elaine Nelson. District officers Marilyn Martinson and Ruth Olson were there, as was former Zone 3 Director Erling Olson. Flo Kallenbach (Cultural/Publicity Director) and Kathy Daeley (Zone 1 Director) are members of Mollargutten and were present also.

I plan to visit Gyda-Varden Lodge in Grand Forks in May.

I'm happy to report that five members of Mollargutten will be present at the District IV Convention. We have filled all three delegate positions and have two district officers as well.

Respectfully submitted

Kathy Daeley, Director  
Zone 1

## Zone 3 Report

I will not be a candidate for Zone 3 Director and hope someone is willing to step up and take that position. I feel I am too far north and driving would be an issue. It is a worthwhile position and an opportunity to meet our Lodge members.

The Simplified Summary of the Dues Structure which I received from International has gone to all my ten Lodges and I hope that this will answer some of the questions that our members have regarding the increase. Our Lodge has accepted the increase well and realize it is not that great of an addition to our dues for what we get back out of it.

I have four Lodges to visit and will get that completed as soon as the weather permits. I met with Rugby and had a nice visit with their Treasurer, Marion who is in the hospital.

Congratulations to all the grant applicants and I forwarded their checks to them.

Again I hope to see and meet everyone at the Convention to be held in Bismarck and am looking forward to a great and informative time. I have attended two Conventions and one International Convention and found them to be well worth going to and hope that every Lodge will be able to send at least one representative to Bismarck.

Mae Streich, Director  
Zone 3

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2018 District IV Convention  
June 14-16  
Bismarck, ND

**“Sowing the Seed, Growing our Heritage”**

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## Zone 2 Report

I want to especially thank Ken Hatlestad, my alternate, for taking over for me as I deal with my health issues, etc. Also, letting you know I will be enjoying my granddaughter's wedding instead during the convention. For that I am most grateful! But I will miss all of you and having appreciated the opportunity to get to know all my good friends of the District 4 Sons of Norway. Good luck for a good convention! Winter does slow things down for most lodges due to weather, etc. But all lodges did get their new officers elected and installed and reports sent in. Also got the info to all of them regarding the new dues structure for 2018.

Hjemdahl (Valley City) are really doing a great job with their newly rejuvenated lodge with several new members which they are continuing to get! They are having short business meetings then cultural programs and skits for entertainment-- a lot of interest going. They are looking at getting vests for the members-- hopefully for the convention. Their social/cultural director has been introducing the lodge to different Norwegian goodies, like Glogg, two kinds of lefse and the heart shaped waffles. They had a lesson on Trolls at a meeting. So they are putting some fun & excitement in their meetings! I am so proud of them.

Kringen (Fargo) are continuing to stay busy with meals served at noon Monday-Friday and also on Tuesday nights for their social nights. They had lutefisk & meatball dinners one Sunday a month November-April with very good attendance. Spring starts another eight week session of Norwegian language classes with different levels being taught. They have a youth group that meets some Saturdays. They continue with an accordion band & Kor group of singers, plus a dance group. The District folk dance workshop was held at Kringen lodge in March. They continue to send out the "Posten" newsletter monthly to their members. They started a luncheon & social opportunity on Thursdays called "Stitch Group" when they do any of their handiwork & socialize. They have a schedule of bus tours available again this year. They also have "book discussion" once a month open to anyone & cultural night once a month. This year they have been doing a class on Hardanger as well. They will be doing a special night for Syttende Mai with meal & entertainment.

Henrik Ibsen (Wahpeton) did not meet in January or February but started up again at Frying Pan in March and they meet the 2<sup>nd</sup> Thursday at 4 pm with a meal &

meeting and usually something cultural as well. They are planning a big open house special night at the Bragg Farm in May. They are trying to get out to the public with special meals and entertainment. In the fall they had a special night of Norwegian waffles & their local paper which was a good advertisement for them too! They are sending one delegate to the District Convention, with the lodge paying the registration. Their president may go to the International Convention as a visitor. He was going to the District as a delegate but is a pastor and now not able to go after all. They are a small lodge—did have two members pass away this year so that was too bad.

Ueland (Cooperstown) has been having their kumla suppers 5-6 times again this year. They have lots of fun as a lodge working together to put them on & get good attendance. It is a good money maker-helps pay the bills! The cultural things done were well attended as well with the president demonstrating carving a Norwegian wooden chain, for one. Had a night of making greeting cards and also demonstration & hands on for paper folding hearts, etc. Also had one movie night at the lodge. They are planning their 50<sup>th</sup> anniversary together with the Syttende Mai celebration that weekend in May. They will do a special Norwegian meal and invite others to come to see them receive a plaque from International. They have two delegates and six alternates for the District convention in Bismarck.

Wergeland (Jamestown) Their president says they are having a fun time each meeting. They do a cultural program most of the time at their lodge meetings and always encourage other people to come and enjoy with them so to encourage new members. So in their ads they promote their programs to try to get their name out to the public. They did get a \$100 cultural grant again this year. One month they had a member that had been at an exhibit on making Norwegian beer do the program. They did a program to make Norwegian waffles, which they really enjoyed eating as well. They hope to get a group together in June to go to Moorhead for the Scandinavian festival. They are planning a lodge dinner for the Syttende Mai celebration with a special meal, etc. They have one delegate going to the District convention in June.

Vonnie Anderson, Retired Director

Zone 2





## Zone 4 Report

A typical Syttende Mai day for Oslo students

Once every five years their school participates in the big parade that goes up Karl Johans gate to the castle where the royal family watches and waves. Adults or senior students carrying the school banner are in the lead, then a corps of flag carriers, a school band, and other students and adults cheering and waving smaller flags. The parade participants had arrived by bus and after the parade they will take the bus back to their school where they have games, hotdogs, ice cream, and cake. Schools that aren't participating in the big parade will parade in their own neighborhoods. Russ (graduating students) have their own parade later in the day, although there is a sprinkling of russ students in their trademark overalls in the morning parade. The photo below shows the flags lowered in salute to the royal family on the balcony. And yes, last year my husband and I were there!



- Congratulations to Nisse Lodge, North Battleford, which is celebrating its 40<sup>th</sup> anniversary on May 6 with a Viking Feast.
- Thanks to District IV for the grant awarded to Lethbridge lodge, host of the Sports Weekend from June 1-3. Besides playing whist or a variety of board games and outdoor games (horseshoes, kubb, golf), participants can tour Lethbridge's famous Japanese Gardens.
- Encourage your fellow lodge members to bring their folk art entries to upcoming meetings so your convention delegates can take them to Bismarck. The entry forms for members' entries and for entries from participants in District IV camps are on the Convention page of the District website.
- Culture camps this summer in District IV -- Trollhaugen – Theme: Norsk Mythology, August 12-18, Alix AB. Info and registration forms at [www.trollhaugenalberta.ca](http://www.trollhaugenalberta.ca)

Bjørnetann – Theme: Viking Games – Training for Raiding, July 5-9, Red Lodge MT. Info and registration forms at <https://www.sofn-district4.com/camps/>

- Nordic Folkdance workshop in Calgary, September 14-16. Mikkel Thompson and Ginny Lee will be teaching. More information will be posted at [www.nordicfolkdance.ca](http://www.nordicfolkdance.ca).

I've had an enjoyable four years as District 4 director and look forward to 'passing the baton' at the Bismarck convention.

Alison Wiigs, Director Zone 4



## Adopt-A-School

At the Fall Board meeting, I was asked to be the District IV coordinator for Adopt-A-School. I have to admit that I haven't done much that shows, but I have done a lot of studying and research. I have learned a couple of important things:

1. Not all schools are anxious to have outsiders come in to work with their students. Background checks are very important.
2. I don't know who the Adopt-A-School people are in the District IV lodges.

I will share a couple of things. The first one is a picture/idea that was sent into me for the Viking magazine by Karen Huck of the Hovedstad Lodge in Helena MT. Their project was donating sweatpants and underwear for young students at a local school. Their Adopt-A-School coordinator is Darla Carlson.



Riley Austin, teacher, JJ Lamb, Principal and Darla Carlson, Adopt-A-School coordinator

After accepting this position, I went to visit with the principal of our K-12 public school in Maddock, ND and offered a variety of ways that our local lodge might work with the school in sharing our Scandinavian heritage.

One thing that happened is that in March, Patty Hegland and I were invited to the Fourth grade classroom to talk about the effects of our Scandinavian heritage on our life in North Dakota and why our forefathers came here in the first place. Patty and I thought it was the best time ever and we think the students enjoyed it as well.



The Fourth Graders learned about some of the things their ancestors did to combat loneliness on the prairie.

I wrote an Adopt-A-School grant for our lodge to be used in the coming year. We will have a committee of lodge members meet with the principal to see how that will be put to the best use.

Our knitting group has decided to launch a stocking cap project to donate caps to several area schools, Head-start, etc. to help relieve the expenses that we hear of teachers buying so many caps each year.

Flo Kallenbach, Coordinator  
Adopt-A-School

**50** *Thank you!*  
**YEARS**

Thank you from Mollargutten Lodge to everyone who attended our celebration, sent cards or messages, or did anything at all to make it such a special time for us! District IV Board, you really rock!! Carrol and Barb--Thank you.



## Greetings,

The days are getting longer so spring must be on the way.

The past few months have been busy as I worked on the District Directory. It is at the printer and should be mailed to all Lodges before this issue of the Fabulous Fourth is printed. Just remember if you find an error (or more!) in it, it is because I want to be sure you are actually looking at it. Hehe. Seriously though, even though I have proofed it, it seems there is always something that slips by.

This is also convention year and I am happy to report that we have 113 delegates to the convention. We look forward to seeing all of you in Bismarck in June. Preparations are well under way and I believe it will be a good time for all.

Mollargutten Lodge in Maddock is celebrating its 50<sup>th</sup> anniversary this year and God willing I will attend that celebration. This is the Lodge where I began my journey with Sons of Norway so it has a special place in my heart.

Respectfully submitted,

Ruth Olson, District IV Secretary

## Culture/Publicity

It's been a busy, exciting year for me. Besides the usual jobs of getting your fabulous photos into the Viking magazine and producing this quarterly newsletter, the upcoming convention presented it's challenges for me.

Thanks to the help I had from some of my local lodge members, the district board members, and Jerry Saude, the District IV Convention manager, we were able to put together a very nice list of cultural skills workshops for convention participants to enjoy. We had hoped to do a full-day Folk-Dance workshop so participants could earn medals. Sadly, we were not able to find an instructor for the day.

I have learned so many things during my time on the District IV board—about the board and about the position of culture and publicity director. Although I have enjoyed that time and getting to know many of you through this position, I have chosen not to run for a second term at the District convention. I have decided instead to put my name in the hat for the position of Vice President.

I'll see you at convention where I will be doing a presentation on photography for the Viking magazine.

Fraternally

Flo Kallenbach, District IV Director

Culture and Publicity



### Mollargutten 50th Celebration

Left: Special Guest Carrol Juven

Top Right: Nancy Bollingberg Fagerlund Lodge-Music Leader



Bottom Right:  
Elaine Nelson, International Treasurer  
Mavis Maloney, Mollargutten president  
Steve Halvorson, District IV International Director





## Who Would Have Thought?

### Easter and crime novels and munchies?

It's a unique Norwegian tradition that started back in the 1920s and has continued up to present day. Norwegians even have a name for it: Pascha Krim. Translated, it means "Easter Crime," said Toni Little, one of the organizers of a Friday night presentation about the custom.

Little will serve as the emcee for the free 7 p.m. event sponsored by the Sons of Norway. It will take place at American Lutheran Church, 5 Lewis Ave. The evening will feature speakers Diana Rogers, Liv Halvorson and Sue Johnson. It will also include snacks enjoyed by Norwegians during Pascha Krim and a discussion of some of Scandinavia's popular crime authors.

The whole Easter Crime phenomenon began back in 1923, Little said, when two men, Nordahl Grieg and Nils Lie, wrote a novel about a bank robbery.

"They were excited about it and wanted to promote it," Little said. "So they wrote it as if it was an actual robbery and that went into the newspaper." Readers believed the robbery was real, she said. When they found out the crime was the plot of a novel, "they bought the book."

One thing led to another, and now Norwegians take a long weekend off at Easter. Many travel to their cabins to relax, where they read crime novels or watch TV crime shows.

And they enjoy foods that range from oranges "because that's the fruit of spring," Little said, to orange soda, hard-boiled eggs and a chocolate bar called Kvikk Lunsj.

"It means 'quick lunch' and it's a lot like our Kit Kat," she said. "And they like orange cake." 0% Norwegians love to read, she said. As proof, all three women belong to a monthly book club in which they earn pins for reading.

"We've been doing this two or three years," Rogers said.

Members meet at Barnes & Noble on the fourth Saturday of the month. The focus is on Scandinavian literature.

It's a matter of encouraging each other, Halvorson

said, and creating an interest in new books the others haven't yet read. Each person reads a book of his or her choosing and then talks about it at the gathering.

The local Sons of Norway group has a library of about 200 books by Norwegian authors, translated into English. They are kept at St. Andrew Presbyterian Church, 180 N. 24th St. W., and members of the public are welcome to stop by and read them.

At the monthly book club meetings, the group also chooses topics to focus on. One gathering focused on Iceland, "a major part of Norwegian history," Little said.

"And they have wonderful Christmas stories," she said. "And then we had one on alcoholism in Norway, so we have different subjects."

On Friday night, Rogers will talk about Jo Nesbø, author of a popular crime series whose book, "The Snowman," was recently turned into a movie. She will also talk about author Karin Fossum, another Norwegian author of crime fiction.

Halvorson will focus on Henning Mankell, the Swedish author of the Kurt Wallander novels turned into a TV series. Johnson will focus on literature related to immigration.

(This article is reprinted from the Billings Gazette)



Diana Rogers, right, Liv Halvorson and Toni Little will lead a presentation about the unique Norwegian "Easter Crime" tradition during an event sponsored by the Sons of Norway at American Lutheran Church in Billings.