

MellomVenner



*Brubyen Lodge 4-576, Saskatoon
Saskatchewan, Canada*



September 2022
Newsletter

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Work-Life Balance

Fra presidenten

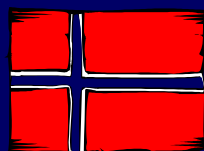
FROM THE PRESIDENT

September 2022

It was very good to be back at the Fairfield Seniors Centre for a regular meeting of Brubyen Lodge with the members who were able to attend. It has been a long 3 years of isolation and rules and vaccinations and cases of covid for some. We have survived!!

Our main focus for the next couple of months will be to plan our 40th Anniversary Celebration. The date is Sunday, October 16, 2022. The event will be a catered supper followed by some entertainment [hopefully]. Tickets will be available for \$ 10.00 each. Current members and spouses [if not members] and past members will be invited to the event. We look forward to seeing some familiar faces from the past. More information will be available shortly.

The Sons of Norway Foundation in Canada Annual General Meeting will be held on Saturday, September 17, 2022 at 1:00 pm. [2:00 pm SK time]. It will be a Zoom meeting. Lodge members are invited to join the meeting. I am planning to join the meeting. However, Graham Begg will be our only voting member. Three National Director positions are to be elected. Go to www.sonfic.ca for more information.



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.



Gratulerer
med
dagen!



September
18 Lyla Dalen
25 Mason Berg

October
16 Alfred Hovdestad
22 Marcel Voyer

Fra presidenten continued...

Folkfest went on without a Norwegian Pavilion this year. The SNCS is also short of people who would be pavilion managers, committee members and volunteers. Perhaps an abbreviated form of the regular pavilion of the past may be considered for another year.

Although life is slowly returning to a semblance of normality, variations of the covid-19 virus are still in the community so please be careful. Although wearing masks has not been mandated, it is a good idea to wear a mask when you are in a public place or with a group of people who are not normally in your circle. It is unfortunate that this government is not providing timely information on deaths, cases in hospital, cases in the community, and advocating vaccinations & boosters. It almost seems like their attitude is "if you hide your head in the sand, it will all go away"!!

Enough standing on my soapbox!!

I have attached the minutes from our August 18, 2022 meeting for your information. Next meeting will be Thursday, September 15, 2022 at 7:30 pm at the Fairfield Seniors Centre.

Take care out there!

E. Diane Berg, President

306-373-3156

edberg@sasktel.net

Fra sekretæren

Brubyen Lodge General Meeting MINUTES Thursday, August 18, 2022 at Fairfield Seniors Centre

1. Call to order at 7:02 pm
2. Welcome to returning member Caroline Tradal and guests Doreen Uhl and Nancy Iverson. Other attendees were: Myrna Kennedy, Kathy Fenton, Mildred Norum, Alfred Hovdestad, Graham Begg, Karen Edwardson, Marcel Voyer, Diane Berg
3. Moved by Marcel Voyer/ Mildred Norum that the minutes of June 2, 2022 general meeting be adopted as amended. Carried.
4. Membership – Phyllis Byers sent regrets – we are currently at 33 members.
5. The financial statement for August 18, 2022 was presented by Diane Berg. There is \$ 2630.74 in the current account.
6. District IV Convention, June 16-18, 2022 at Fargo, ND. Report was given by Diane Berg who attended as a virtual delegate along with about 10 other SON members. The resolution



Fra sekretæren, continued

affecting our lodge for the creation of an all Canadian District for existing Canadian lodges in SON was passed almost unanimously. Now we wait to see how this is dealt with at the International Board level.

7. Sons of Norway Foundation in Canada report by Graham Begg. The AGM will be held Saturday, September 17 at 1:00 pm as a Zoom meeting. Graham Begg will be our voting delegate. Diane Berg will take part as lodge president. There are 3 National Director positions to be elected.
8. No Cultural Director report and no Social Director report.
9. Nancy Iverson is retiring as Brubyen Lodge librarian as she has not renewed her membership. We are sorry to lose her as an associate member.
10. The next item on the agenda was Brubyen Lodge's 40th anniversary as of November 6. [1982-2022]. After much discussion it has been decided to have a celebration dinner at the Fairfield Seniors Centre on Sunday, October 16, 2022. It will be a catered meal with ticket cost of \$10.00 per ticket. We will be inviting past members to join us for that occasion. More information to come.
11. Lastly, there was a discussion about the future of Brubyen Lodge considering our declining membership and lack of members who are willing or capable of being Officers of the Lodge. A number of questions were raised which require answers to help with planning.
12. The next meeting will be held on Thursday, September 15 at 7:30 pm at the Fairfield Seniors Centre. Hope to see you at that meeting. Remember that a quorum of 8 current members is necessary to vote on motions!

Respectfully submitted by E. Diane Berg

Unless otherwise indicated,
all events are held at:

Fairfield Senior Citizens
Centre
103 Fairmont Court
Saskatoon

Dead Fish Society
Social Hour
at Buggy's Pub in
Market Mall, 6:45 pm
September 2nd
October 7th
November 4th
(1st Friday each month)

Lodge Monthly Meeting
Sep. 15th, 7:30 pm
(3rd Thurs each month)

Monthly Event
Social/Cultural
Evening
Oct. 16th, 6:00 pm
(3rd Thurs each month)



Condolences

Sympathy extended to

GET WELL!

Notify Phyllis if
sunshine required
at 306-373-6478



Velkommen, Baby Boom!

A pandemic-related baby boom has sent Norwegian families scrambling to find perfect names for their new additions. 2021 saw over 3,000 more births in Norway than in 2020. Thankfully, help has come from an entity with a long history flaunting imaginative naming skills: IKEA.



Employees at the Norwegian branch of the Swedish retail giant combed through its catalogs, curating a “name bank” overflowing with over 800 monikers inspired by over 70 years of flat-pack tables, chairs, chandeliers, desks, and a mish-mash of other household staples.

While many IKEA product labels are inspired by Swedish place names, several others have appellations associated with humans. They range from the more typical, such as Billy, a strikingly modern black and white chair from 1970, to the more exotic such as Ulrika, a dainty side table available in 1958. The names are accompanied on the website by a picture of the item, the year it was introduced, and a description in Norwegian. The descriptions can apply to both the furniture item and to your newest family member.



Board of Directors

Diane Berg
President
306-373-3156
edberg@sasktel.net

Vacant
Vice-President

Vacant
Secretary

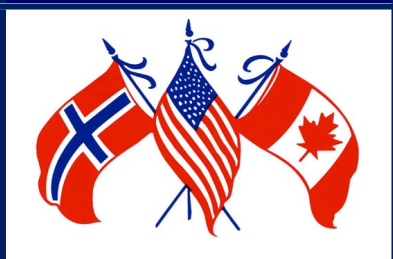
Vacant
Treasurer

Phyllis Byers
Membership Secretary
306-373-6478
jp64@sasktel.net

Phyllis Byers
Cultural Director
306-373-6478
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Myrna Kennedy
Social Director
myrna.kennedy@sasktel.net

Kathy Fenton
Sports Director
306-374-4505



Norwegian Cinnamon Thumbs

These delicious shortbread cookies rolled in cinnamon sugar are a perfect little treat with a cup of coffee!

Cookie Ingredients:

5 Tbsp. sugar
1 cup butter
2 cups flour
1 tsp. vanilla

Ingredients for rolling:

1 tsp. cinnamon
¼ cup sugar

Directions:

Preheat the oven to 350°F.

To make the cookies, beat the sugar and butter together until fluffy. Add the flour and vanilla, and beat until the dough comes together.

Take a small amount of dough (about the size of a tennis ball), and roll is gently into a long, skinny rope 1/2" in diameter (about the width of your pinky). Using a sharp knife, cut the dough into 2" pieces, making sure to cut on the diagonal instead of straight across.

Place cookies a few inches apart on a lined baking sheet, and bake 8-10 minutes, until just beginning to turn golden on the bottom edges. Remove cookies from oven and allow to cool slightly.

While cookies are cooling, combine the cinnamon and sugar for rolling in a small bowl. When cookies are cool enough to handle, roll each one gently in the cinnamon sugar, and place on a cooling rack to finish cooling.



Photo Credit: Lulu the Baker, luluthebaker.com



Officers

- Ellwood Jones** - Assistant Sports Director
- Mildred Norum** - Counselor
- Phyllis Byers** - Sunshine
- Myrna Kennedy** - Greeter
- Graham Begg** - Foundation
- Vacant* - Historian
- Nancy Iverson** - Librarian
- Myrtle Dixon** - Assistant Librarian
- Vacant* - Assistant Librarian
- Vacant* - Marshall
- Chris Byers** - Marshall
- Vacant* - Marshall
- Vacant* - Trustee
- Vacant* - Trustee
- Vacant* - Auditor
- Vacant* - Auditor
- Alfred Hovdestad** - Auditor
- Eunice Begg** - Volunteer Coordinator

Editor

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Oslo on Top for Work-Life Balance

Software firm Kisi recently conducted a study of work-life balance in various cities. The study considered areas such as healthcare access, parental leave, flexible work options, vacation days, and safety. Number one on their published list was Oslo, Norway. One of the factors that aided Oslo in the win was its flourishing job market in the energy and environmental industries, life sciences, and IT industry. Data from the study also showed that Oslo workers receive 707 days of parental leave and about 25 vacation days a year. Following closely behind Oslo were Bern, Switzerland, and Helsinki, Finland. Six of the top ten cities on the list were cities located in Europe. There were no United States cities in the top 10; the highest ranked US city was Seattle at number 32. Perhaps this study is an indication that the United States should look outward for tips on work-life balance to retain and compete for top talent.

Fra redaktøren

Kjære venner,

Welcome to our first post-Covid newsletter! It's been a long time coming and it feels good to see people at our meetings again! Unfortunately the latest counts show an increase in the number of Covid cases. Let's hope that we don't go back into a lockdown. It feels too good to see people again to think that we might have to go back to virtual meetings.

Brubyen Web Site

<http://sofnsaskatoon.wixsite.com/brubyenlodge/>

Fraternally,
Alfred Hovdestad

Deadline for the next newsletter

Oct 31st



Litt på norsk...

and a little in English

Nordmenn vil avlyse ferieturen sin som følge av varmt vær

Forsikrings-selskap sier at nordmenn vurderer å avlyse ferieturen sin. Mange er redd for at det blir for varmt dit de skal reise.

Spania er et land nordmenn elsker å reise til. Denne sommeren er det ekstra varmt. På søndag var det nær 43 grader varmt.

Det gjør at folk vurderer å avlyse ferien sin. Det sier forsikrings-selskapet If. De har allerede fått spørsmål om det er mulig å få igjen på forsikringen.

If sier at varme ikke dekkes av forsikring.

– Er du bekymret for varmen, så er det ikke noe som gir grunn til å avbestille. Men er du først på turen og det skjer noe, så vil du få all den hjelp vi kan bidra med. Det sier Bjarne Aani Rysstad til kanalen NRK. Han jobber med forsikring for Gjensidige.

Andreas Handeland sier det samme. Han jobber for If. Han sier også at det kreves erklæring fra lege for å få igjen på forsikringen.

I byene Sevilla, Cordoba og Badajoz er det meldt at det kan bli så varmt som 43 grader. Alle de tre byene er sør i landet.

Det er også meldt at det kan bli så mye som 38 grader varmt i hovedstaden Madrid. Det er langt mer enn hva som er vanlig i starten av juni.

Ifølge forskere er det ventet at slik hete vil skje oftere i framtiden. Den vil også bli varmere som følge av tørke og et endret klima.

Norwegians Cancel Trips Due to Hot Weather

An insurance company says that Norwegians are considering canceling their vacation trips. Many people are afraid that it will be too hot where they are planning to travel.

Spain is a country Norwegians love to travel to. This summer it has been extra hot. On Sunday it was close to 43 degrees [Celsius - 109° F].

This makes people consider canceling their vacations. This is according to insurance company IF. They have already been asked if it is possible to receive refunds through insurance.

IF says that heat is not covered by insurance.

“If you are worried about the heat, then there is no reason to cancel. But if you go on the trip and something happens, you will get all the help we can offer,” Bjarne Aani Rysstad told tv and radio channel NRK. He works in insurance for Gjensidige.

Andreas Handeland says the same thing. He works for IF. He also says that a statement from a doctor is required to receive the insurance coverage.



Litt på norsk...

Salget av blomster øker

Salget av blomster har økt under korona-pandemien. Vi sender blomster både til oss selv og de vi er glade i.

Vi bestiller mer blomster under korona-krisen. Det har vært en tidobling av antallet bestillinger hos Interflora. Hos Mester Grønn har det vært en økning på 200 prosent. Interflora har 370 butikker i Norge. Mester Grønn har 130 butikker.

– Blomster formidler en følelse og en tanke. Det forsterker opplevelsen av å bli sett og å føle seg verdsatt. Det sier Kjetil Hans Løken til NRK. Løken er daglig leder i Interflora Norge.

Løken forteller at Interflora opplevde en dobling i blomster-bestillingene i midten av mars [2020]. Da kom de strenge korona-reglene. De siste to ukene har det vært en tidobling.

– Vi snakker om 10.000 utkjøringer per dag, sier Løken.

Erling Ølstad er blomster-handler i Mester Grønn. Mester Grønn opplever nå at mange sitter hjemme og bestiller blomster til seg selv. De vil pynte opp hjemme, men ønsker ikke å gå ut for å handle.

– Dette har vi aldri sett tidligere, sier Ølstad.

Korona-krisen gjør at det kan bli mangel på noen blomster. Derfor bestilles det mest tulipaner, påskeliljer og løkblomster. Det er norske varer.

and a little in English

Flower Sales Increasing

Flower sales have increased during the Covid-19 pandemic. We're sending flowers both to ourselves and those we love.

We've ordered more flowers during the Corona crisis. There has been a tenfold increase in the number of orders at Interflora. At Mester Grønn, there has been an increase of 200 percent. Interflora has 370 stores in Norway. Mester Grønn has 130 stores.

"Flowers convey feelings and thoughts. They enhance the experience of being seen and feeling valued," Kjetil Hans Løken tells NRK. Løken is the general manager of Interflora Norway.

Løken says that Interflora experienced double the flower orders in mid-March [2020]. Then came the strict lockdown rules. In the last two weeks [of April 2020], there has been a tenfold increase.

"We are talking about 10,000 deliveries per day," says Løken.

Erling Ølstad is a florist for Mester Grønn. Mester Grønn is noticing that many people are ordering flowers for themselves at home. They want to decorate their homes, but do not want to go out shopping.

"We have never seen this before," says Ølstad.

The corona crisis means that there may be a shortage of certain flowers. Therefore, tulips, daffodils and bulb flowers are mostly being ordered. These are Norwegian goods.