

# FLYGEBLAD

## FRA PRESIDENTEN



I'm sure that we are all anxiously waiting for spring to be sprung so we can escape the cold and snow we've endured these past months.

There are a few reminders and a few requests to be made. First, reminders for

the Zone 4 Sports Weekend in early June in Lethbridge. Information on Sports Weekend is included in this newsletter and it's only a two hour drive to Lethbridge.

The District 4 Lodge meeting (convention) is later in June in Bismarck, North Dakota. Be sure to make your opinions on the various issues in Sons of Norway known to the delegates so that they can be prepared to take your concerns to the convention.

We also have a few events coming in the not too distant future. If we continue to do things the way we have in the past, we will need help from our members to put these events on. Perhaps it is time we consider having some events like "Syttende Mai" fully catered so that everyone can enjoy the whole event. Please bring your thoughts and ideas to the meetings and the executive so they can be discussed.

We are also looking for ideas for programming. What do you want to see or do at your lodge meetings and what things would be of interest to you as extra-curricular activities? Your thoughts and ideas are always welcomed.

Finally, Alison and I recently attended a meeting of the Calgary European Film Festival (CEFF) to begin the preparation for the 2018 Festival in November. It would be amazing if we could see even half of the attendance we saw last year at our screening. The criteria for film selections is that they should be new releases not yet available on Netflix or other such services and they should have been presented in other film festivals and preferably have won awards. If you are aware of films that meet these criteria please let us know about them.

Hilsen

Ron Reine

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## MEETING DATES AND COFFEE LIST

10 a.m. Saturday, March 3	Bernice Roth, Oscar Roth
7:30 p.m. <b>Monday</b> , April 2	Velora Piltingsrud, Don Larsen
7:30 p.m. <b>Monday</b> , May 7	Turid Asak, Kåre Asak

**58<sup>th</sup> SONS OF NORWAY ZONE 4 SPORTS WEEKEND 2018**  
**SOLSYD LODGE 4-603 Lethbridge, Alberta**  
**Come Troll LA 2018 "It's a Sports Weekend!" June 1, 2 & 3, 2018**

To all Sons of Norway members, spouses, friends and non-sports participants, we invite you to attend the 2018 Sons of Norway Sports Weekend, on June 1, 2 & 3, 2018, in Lethbridge, AB. Participate and celebrate the 58<sup>th</sup> Anniversary of "The Games". Enjoy a weekend of fun, fellowship and sportsmanship, with a variety of events.

Please register and pay through your local lodge. Names are needed for Whist, Golf and Nikko Yuko Japanese gardens. Other games and activities may be chosen when you arrive.

Weekend games include: Kubb (an old Viking toss game) and Horseshoes, Norwegian Whist, Golf and a variety of Board/Card games. Excursion to Nikka Yuko Japanese Gardens.

We look forward to hosting 'The Sports Weekend' and welcoming you to Lethbridge.

SOLSYD LODGE 4-603

**Registration fee - pay with cash, or a cheque to Valhalla lodge, by the April 2 lodge meeting  
so we can meet Solsyd's deadline**

- **Full weekend:** \$75.00 per registrant.
- **Special Fee packages:** to be paid by April 16, 2018. **No tickets available at the door!**
- a) \$50.00 Saturday only-includes games, excursion & Banquet/entertainment
- b) \$60.00 All Saturday & Sunday Breakfast
- c) \$25.00 Saturday Banquet only
- **Payment:** **ONE** cheque per Lodge, payable to **Solsyd Lodge**.
- **Deadline:** April 16, 2018
- **No refunds** after May 18, 2018 (exception: extreme circumstances)
- **Includes:** Friday night supper, Saturday bankett (banquet), Sunday frokost (breakfast). Games, cards, excursion to Nikka Yuko Japanese Gardens! **Exception:** Golf fees
- **Noon Saturday:** On your own for lunch. Lots of restaurants in the area.
- **Silent Auction:** **Each Lodge to please donate an item for the silent auction.** Thank you.
- **Bunads:** If you have one, please wear it for Saturday night.

**Which Lodge will receive the Zone 4 Lodge trophy for the most members attending?**

**MOTEL:** Premier Inn and Suites -2225 Mayor Magrath Dr S, Lethbridge, AB T1K 7M1

**Phone:** (403) 380-6677 Fifteen rooms have been blocked for Sons of Norway. (\$112.00/night) Includes a continental breakfast. Please make reservations early. Conveniently located.

**Indicate that you are 'Sons of Norway' when booking.**

**Close to the activities at:** **Parkbridge** Estates Hall: 2927 29 St S, Lethbridge, AB

**MOTELS and RESTAURANTS :** there are several choices to choose from in the area.

### WEEKEND EVENTS- Tentative

**FRIDAY, June 1, 2018:**

**LOCATION:** **Parkbridge Estates Hall: 2927 29 St S, Lethbridge, AB**

(Parking also available at the back of the hall.)

4:00 pm-6:00 pm **VELKOMMEN Registration**

Visit and enjoy a beverage. Start bidding on Silent Auction Items. 50/50 tickets.

6:00 pm: Light Supper with Cash bar (\$4.00 per drink)

Entertainment: Cowboy poet

**SATURDAY, June 2, 2018: GOD MORGEN!** Let the Games Begin!

0830 **Golfers:** Fort Macleod Golf Course. Nine holes. Best ball format! Fun for all skill levels! Green Fees are at participant's expense.

9:00 am Doors open **Parkbridge Estates Hall: 2927 29 St. S., Lethbridge, AB**

9:30 am-Noon Choose as many (or few) activities as you like! Exception: whist & golf!

Noon: LUNCH You are on your own. Lots of great restaurants located in the area.

1:30 pm: Games resume. OR Excursion to Nikka Yuko Japanese Gardens.

5:00 pm Happy Hour Cash bar. (\$4.00 per drink)

6:00 pm Bankett (banquet)

8:00 pm Silent auction ends. Entertainment. Dance.

? pm God natt!

**SUNDAY: June 3, 2018**

**LOCATION: Parkbridge Estates Hall: 2927 29 St S, Lethbridge, AB**

9:00 am: Meeting of Sports Directors & Presidents, others welcome to sit in.

9:30 am: Frokost (big breakfast) and farewell

**Please Note:** All participants, non-participants and guests **must** register through your local lodge! Names needed for whist and golf and Nikko Yuko Japanese Garden excursion.

**Tusen takk!** Thank you

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### **CARL'S WAY**

Saturday, March 24 at 3 p.m., at the Scan Centre. This movie, filmed in Scandia, shows the creativity and resilience of rural people in overcoming devastation during the depression in Western Canada. Nominated for 7 Rosie awards in 2014. Free Admission. Sponsored by the Swedish Society.

### **MEMBERS' AND FRIENDS' NEWS:**

In this time when winter sports are so much in the news, did you know we have an author of a cross-country skiing book among our members? **Bjørger Pettersen** has written *The Making of Champions*, the story of the growth of X-C skiing in Canada, the USA and the world. Fresh off the press in November 2017, it can be ordered at [www.ACrossCountrySkiStory.ca](http://www.ACrossCountrySkiStory.ca)

**Robbie Bankes** is excited to have made #3 on the list of best international releases in 2017 on the Norwegian music blog The Wilhelmsens. (<https://thewilhelmsens.com/2017-de-12-beste-internasjonale/>) Robbie continues his music studies in Rauland, Norway, where **Laura Ellestad** recently accepted a teaching position.

**Vivian Boston** passed away Feb. 17th. She was the daughter of Hilmar (Kris) and Hilda Kristiansen, S/N members who joined in 1944. Vivian's husband Walter is active in Torskeklubben.

**Theodor Ofstad**, who with his wife and daughter founded the Norseman Ski Shop, passed away Feb. 24<sup>th</sup>. A celebration of his life will be held March 2<sup>nd</sup> at the Danish Canadian Club, at 4 p.m.

**Ted Swendson**, our fjord horse event host in 2016, passed away Feb. 18th. Nice article at <https://www.hccdc.ca/news/2018/2/21/ted-swendson> A Celebration of Life will be held at Southview Alliance Church, 20200 Walden Blvd. SE, on Tuesday March 6, 2018 at 2:00 p.m.

**Don Larsen** provided this article about Pyramiden – an interesting followup to Kari Smedstad’s presentation on Svalbard. <http://www.newsweek.com/2018/02/23/welcome-pyramiden-mysterious-soviet-ghost-town-805166.html>



Member **Trish Harrison’s** son Scott and his American teammate Ben Rand took first place at the 2018 ice-carving competition at Lake Louise.

“Moonlight Meeting” showing two wolves running  
Photo by Kari Smedstad

More at:  
[www.cbc.ca/1.4500647](http://www.cbc.ca/1.4500647)

### LITT PÅ NORSK:

What to do if you hit a moose or deer

[https://www.nrk.no/nordland/\\_ikke-finn-pa-a-avlive-elgen-selv-1.12793453](https://www.nrk.no/nordland/_ikke-finn-pa-a-avlive-elgen-selv-1.12793453)

Surprising way to wear socks

Når du er liten, og det er din første vinter på glattisen kan ullsokker være like bra som brodder. Vi jobber for å ta vare på gleden i å være ute, og ikke minst sikkerheten. Ved å dra ullsokker utenpå vinterskoene er det litt enklere å finne mestring på hålkeføre!



🌨 Livet er best ute!

(Facebook post by a Norwegian daycare)



### **CLASSES AT RED DEER'S LAFT HUS**

Beginner rosemaling, March 23, 6-9 p.m., March 24, 9 a.m.-4 p.m.

Sami bracelet (register by March 7), class is April 7, 10 a.m-5 p.m.

Rosemaling on fabric, April 14, 9 a.m.-5 p.m.

Flute making, (register by March 21), class is April 21, 10 a.m. – 1 p.m.

Intermediate hardanger, April 27, 6-9 p.m., April 28, 9 a.m. – 4 p.m.

Drop spindling, May 12, 9 a.m. – noon

All classes are held at the Norwegian Laft Hus  
4402 – 47 Avenue  
Red Deer, Alberta T4N 6T4

To register phone 1-403-347-2055 or email [norwegianlafthus@gmail.com](mailto:norwegianlafthus@gmail.com)

Fees can be mailed to the address shown.

### **CARVING CLASSES IN WISCONSIN**

September 10th - 14th. Relief-carving class by Phillip and Else

September 17th – 21nd. Relief-carving class by Phillip and Else.

September 21st, 22nd, and 23rd. Flat plane style figure-carving class by Harley Refsal.

#### **Where:**

Classes will be held at the Norsk Wood Works carving studio, near Barronett, Wisconsin.

#### **Cost:**

Tuition for each 5 day class offered by Else and Phillip will be \$550.00

Tuition for Harley Refsal's figure carving class will be \$230.00

Half of tuition is due with registration.

[www.norskwoodworks.com](http://www.norskwoodworks.com)

### **VARIETY WEBSITES**

Amnon Weinstein and Ole Bull's violin <https://www.youtube.com/watch?v=aaiZMwzFSwU>

<https://www.youtube.com/watch?v=qBDpEO4WgkI> Sweden's giant goat survived Christmas 2017

<https://nowthisnews.com/videos/sports/reindeer-racing-is-a-traditional-scandinavian-sport>

<https://www.artsy.net/article/artsy-editorial-artist-duo-transforming-elderly-natural-wonders?>

### **UPDATE ON HEAD OFFICE MOVE**

Beginning March 5, Sons of Norway's International Headquarters will relocate for approximately two years while new office space in Uptown Minneapolis is under construction.

New physical location: 11100 Bren Road West, Minnetonka, MN 55343

The mailing address and phone numbers will remain the same during this temporary relocation.

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