



# Sons of Norway Solglyt Lodge #4-143

September - October 2022

[sofnedmonton.ca](http://sofnedmonton.ca)

Edmonton, AB

## Executive Officers:

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[president.solglyt@gmail.com](mailto:president.solglyt@gmail.com)

*Vice President* **Emily Moen**

*Secretary* **Lu-Rene Kennedy**  
[secretary.lurene@gmail.com](mailto:secretary.lurene@gmail.com)

*Treasurer* **Jim Colleton**

*Membership* **Peter Myhre**

*Counselor* **Peter Myhre**

## Support Directors:

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*Webmaster* **Brenda Carlstad**

*Youth* **unfilled**

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## President's Message

Our summer days are going by quickly. The relentless Heat of our 2022 August weather pattern has been very real. In September and October darkness comes much earlier in the evening, soon the north winds remind us - autumn and winter temperatures will return.

As members of Sons of Norway you can have the warmth of friendship and sharing many things Norwegian year around. At our recent Lodge Directors' Meeting we talked about and realize the Virtual way is no fun at all. September 14, we are having the annual 'Welcome Back' evening in the Nordic Room. Join us for Pizza & Beer.

RSVP is a MUST and important!

Your Membership evening In Person for October 12 is the annual Pea Soup Supper and SONFIC Fundraiser event. Your donations are welcome and appreciated. See the Posters in this Newsletter for information for both dates.

We invite and look forward to new ideas that will make your experience as members of Solglyt Lodge INTERESTING, FUN AND enriched with Norwegian Culture. Perhaps you know someone who could share a cooking or Husflid date. Maybe we attend an Oil Kings Hockey game. Maybe we enjoy a Sunday afternoon of bowling, visit newest Specialty Tea House in Edmonton. Your ideas shared by emails, phone calls are always welcome.

Elections to Solglyt Lodge board will take place at our November 9, Membership Evening. Have you thought about being our next President? Secretary? You can do it. You can make a difference. It is a fun and rewarding experience. Solglyt Lodge is our life line to being Norwegian.

Has anyone 'Sniffed out' the possibility of Solglyt hosting Lutefisk Dinner 2023? We are certain - the search is on for a caterer. We may have a lead on another Lutefisk cook. For now we are only dreaming!

Wishing everyone a wonderful Host and Thanksgiving.

**Hilsen fra President Sylvia**



## ***Celebration Event***

# Donation of the Stave Church Model to Augustana Campus in Camrose

### **Article by Wayne Nordstrom**

In the November-December 2021 issue of the newsletter for Solglyt Lodge there was an article entitled, "Permanent Home for the Stave Church Model." That article described how the stave church model came into being as well as some of the things related to its use and future situation.

In early 2017, we approached Augustana Campus in Camrose about the possibility of having the model displayed at a suitable location on their campus. At that point we were looking to find a safe and secure location at which the model could be displayed. Staff at Augustana were very supportive and excited about our proposal. They suggested having the model on display in their library. We agreed to that suggestion and the model was moved to the campus library in the early part of that year. The model has been on display at the library since that time.

The campus library has proven to be a safe and secure place and it has been a good spot for the model. The model has drawn attention to Augustana's Scandinavian roots that date back to 1910, when Augustana was established as an educational institution by

Norwegian settlers. The model has been a regular part of campus tours and has also been used in Augustana's educational and cultural programs.

By April of 2021 we were prepared to offer the stave church model as a permanent gift or donation to Augustana if they were willing to accept our offer. We felt the campus would be an ideal location to permanently house the model, given the institution's educational goals and cultural connections. In May of 2021, Augustana came to a unanimous decision to accept our donation and to keep the model on campus. On August 19, 2021, a formal letter was signed between Augustana and the builders of the model stating that the model was being donated to Augustana Campus in Camrose.

In recognition of our donation of the stave church model to the campus, staff at Augustana wanted to hold a small celebration to commemorate some of the model's history as well as how a permanent home for the model was found at the campus. That celebration was planned for November 2021, but it did not happen due to things related to the covid outbreak. We were told, though, that "this is simply a postponement, and we WILL

be holding the event when it is possible and safe to do so." That time is now here!

The celebration event is scheduled for 3:00 pm on September 23rd at the Augustana Campus Library as per details below. If you would like to attend the event, please contact Bree Urkow at the email address shown below OR contact me (Wayne Nordstrom) at [wjnordstrom@shaw.ca](mailto:wjnordstrom@shaw.ca). Please RSVP by Monday, September 19th.

**Stave Church Model Celebration  
U of A, Augustana Campus Library  
Camrose, Alberta  
Friday, September 23rd  
3.00 pm**

*Please join us as we celebrate the donation of the Stave Church model to Augustana Campus! A short program will feature remarks from Dr. Ingrid Urberg, Associate Professor of Scandinavian Studies.*

*Reception with light refreshments to follow.*

*RSVP to Bree Urkow ([bree.urkow@ualberta.ca](mailto:bree.urkow@ualberta.ca)) by Monday, September 19th.*

## **PIZZA PARTY!**



**September 14th**

**6:30 p.m.**

**Pizza Party**

**Our September social – pizza party!**

Please call Sharon to let her know if you are planning to attend; hope to see you there.

**Sharon Bruce – [rsbruce@shaw.ca](mailto:rsbruce@shaw.ca)**

**Or 780-436-7286**





**Baby Norsk dancers.**



**Chip carving.**



**Nordic Walking.**



**- August 7 to 14, 2022**

It was a most enjoyable and rewarding experience attending Trollhaugen Language and Arts Camp this year. Camp regulars who have attended many years made sure my first year attending was a good time.

Solglyt Lodge was the co-host Lodge at Camp 2022 with Charlotte as our Co-host representative. Kallie, Helen & Charlotte invited me to sit at their table at meal times. There was never a lack of conversation and moments of happiness.

My Norwegian experience at camp was therapeutic to say the least. I helped Jessica set up the Camp Boutique and helped prepare an updated inventory of Boutique items. While attending the Boutique, I loved hearing the music and watching the levels of Folk dancers in

action. Baby Norsk dancers are all about cuteness. I loved working on my Swedish weaving project. Our class sat at the dining room tables where the natural light is perfect. Nordic walking was a peaceful time taking the forested trails. I also dared to do the Zip Line one time. A breath-taking few minutes and it was all over.

Trollhaugen Camp 2023 will be the 50th Anniversary Celebration year. The board welcomes ideas for this Milestone celebration week. Solglyt Lodge will be the Host Lodge. I have great memories from 2022 and hope to be there next year.

***Document and photos by Sylvia Colleton.***

## **ESCA Scandinavian Christmas Market: Cancelled for 2022**

ESCA hosted this market for about 13 years – not everything stays the same – especially our ages! Rising prices (of everything), volunteer considerations, and COVID safety protocols were just a few concerns that led to this

decision. This was an 'inherited' event from the dissolved Scandinavian Trade & Culture Society that hosted the Market for about four years.

escaedmonton@gmail.com – for more

information. We are not certain about any future Markets. Luckily, many community leagues organize their own Markets.

***ESCA President Brenda Carlstad***



**October 12**

**6:30**

**Pea Soup Supper**

**Sons of Norway Foundation in Canada**

[www.sonfic.ca](http://www.sonfic.ca)

Pea Soup Supper & Fundraiser for Sons of Norway Foundation in Canada, tax receipts will be issued.

A great way to support our Norwegian heritage: camps, lodge cultural activities, grants & bursaries.

Humanitarian causes are supported.





2022 Heritage Days - a cleverly balanced Dala horse on the boy Viking's helmet!

# Edmonton Heritage Festival

## Heritage Days 2022

Scandinavian Culture Pavilion – Theme for 2022 – **Happiest Countries in the World.** Which countries? The Nordic/Scandinavians ones, of course. We printed off 4' x 8' banners: Education, Equality, Happiness Report, Hygge, Personality and Sustainability. IKEA volunteers and students from Scandinavian Studies program also joined our tent. Volunteers from the Finnish, Icelandic, Danish and Sons of Norway organizations were present. Please visit: <https://www.flickr.com/photos/135490432@N05/> albums for photos.



**Culture Co-ordinator Brenda Carlstad**

## Scandiavian Heritage Society

I want to thank all of the volunteers who helped put up and take down our tents for Heritage Days. We had a good number so things went fast and well.

I also want to thank all of our volunteers for culture and kitchen work. I personally thank the Ikea people for coming out to help in both areas all three days. They were enthusiastic and great. We had seven young teens working in the food tent and they were great. We are looking at the future if we can get them to continue to come back. Without the volunteers from Ikea and our seven young people we would have been short of helpers. Thank you.

We had approximately \$24,000 in gross sales which was higher than some years and lower than others. Net profit should be around \$12,000 which is good. Hope Marvin agrees with me when he gets the financial

statements done.

The Clover machines worked well in the food tent, and all were happy with having them.

Next year is the 50th anniversary of Heritage Days. We do not know where it will be held at yet. Let's plan for something special for next year's event. We are one of the few who have been in the Heritage Festival for all 50th years so if you have any ideas let our committee know.

Thank you again.

**Roger Bruce, President**  
**Scandinavian Heritage Society**

## Scandiavian Heritage Society Workshops July 27 to July 29, 2022

We did it again. We managed to make about 32 pails of grout and 47 pails of Riskrem for the festival. Best news of all we won Third Place for our Riskrem.

Thank you to all who stirred, measured, cleaned, and everything else that needs to be done during the making of this wonderful dessert. Without volunteers like you, we would not be able to showcase this special piece of Scandinavian heritage to the public.

As next year is the 50th anniversary of Heritage Days and as we have been in each and every year, I am sure I can say See You Next Year.

**Sharon Bruce**  
**Coordinator Riskrem Workshops, Scandinavian Heritage Society**





Wayne Nordstrom (SoN) & Brian Sveinbjornson (Icelandic).



Cliff Norum (SoN), Lorraine Ilnicki (Icelandic Society) and Linda Vanderleest (SoN).



Emily Moen with Volunteers from IKEA.



Sharon Bruce.



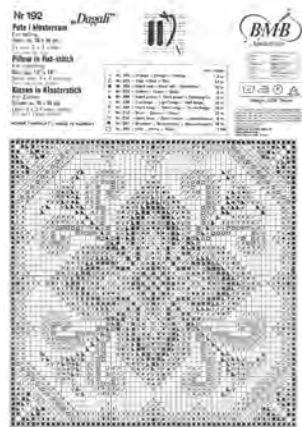
### Edmonton Scandinavian Centre Association

**(ESCA) Meeting Place:** One of the objects of the society is to provide a meeting place and centre for the community: renovations and additions to the Dutch Canadian Centre in 2004/2005 = Home of the Scandinavians.

**Insurance:** Group liability insurance is arranged by ESCA, without a service charge, for the Scandinavian groups and affiliates. This group insurance was formalized to assist and reduce the cost of insurance for all groups' activities and continues to be a very important service.

Brenda Carlstad, President

# Husflid Hjørnet Culture Corner



## Klostersøm

Klostersøm was big in the '70s and '80s where I come from, the images above are from a kit my grandmother had, kits like this are likely still available – my sister is currently looking for one for me, as I would love to have an åkle in my sun room. If there is any interest, I am willing to do a zoom “class” this winter, over a few Saturdays. This will involve some sourcing of kits/material

## Åkle

Åkle – was traditionally a woven, patterned carpet. The word is from old Norse meaning bed spread. It was used as such, as well as thermal insulation on exterior walls.

In more modern times it is often embroidered, and used for decorations, hung on walls with a decorative hanger



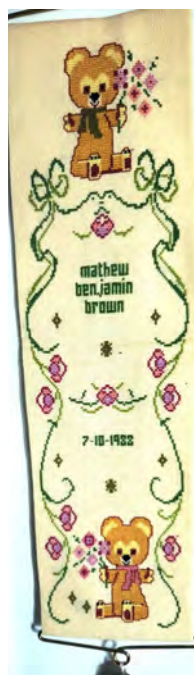
## Klokkestreng

Klokkestreng - Bell string was originally a string, a ribbon or a strip of cloth that was connected to a doorbell. The bell string had a handle or ring at the bottom, and pulling on it made the bell ring. A number of embroidered strings for indoor use have been preserved from the second half of the 1800s.

In recent times, the name bell string has been transferred to a decorative, long and narrow wall textile with no practical function. Embroidering bell strings has been popular needlework. In the 1900's it became popular to make these strings as gifts when babies were born.

These wall hangings (baby and welcome) were made in the late '80s by my Danish grandmother who enjoyed cross stitching

Anita Brown



## Member Recognition for 2022

iSolglyt Lodge 4-143 recognizes its members for their years of support to our mission, values and goals. We celebrate their commitment and dedication to Solglyt Lodge and the Sons of Norway organization. The following are a list of members who have reached significant milestones in their years of support for our organization:

### 5 years with the Sons of Norway – joined 2017

Ashley Enokson	Unni Hildebran
Damian Enokson	George Ketchmark
Sapphire Enokson	Maci-Ann Ketchmark
Scarlett Enokson	Berit Korsvold

### 10 years with the Sons of Norway – joined 2012

Nicole Lavonne Aasgard	Dr Benjamin Garstad
Isaac Ian Bruce	Jack Donald Hill Jr.
Linda Esther Care	

### 15 years with the Sons of Norway – joined 2007

Anita Brown

### 20 years with the Sons of Norway – joined 2002

Dennis Douglas	Andy Vanderleest
Elnora Hibbert	Linda Vanderleest
Carole Parker	Ingrid Zukowski

### 30 years with the Sons of Norway – joined 1992

Nordahl Flakstad

### 35 years with the Sons of Norway – joined 1987

Peter Myhre

### 40 years with the Sons of Norway – joined 1982

Dale Johnson	Linda Darlene Lowry
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### 45 years with the Sons of Norway – joined 1977

Roald Enokson	Elva Focht
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### 50 years with the Sons of Norway – joined 1972

Verner Steinbru

### 55 years with the Sons of Norway – joined 1967

Olga McBride

### 60 years with the Sons of Norway – joined 1952

Ingebjorn Anderson

Thank you all for your continued support.

If anyone listed above would like to receive a small pin to commemorate his/her/their milestone as a member of the Sons of Norway, please email **Peter Myhre** (the membership secretary) at [myhrep@macewan.ca](mailto:myhrep@macewan.ca)

If you notice any errors or omissions with the above list, please email **Peter Myhre** (the membership secretary) at [myhrep@macewan.ca](mailto:myhrep@macewan.ca)





## June Social

Far Left: Sylvia Colleton serving up a super lunch at our coffee social in June.

Left: Arvid Pederson, Ingrid Zukiwski, Jim Colleton & Wayne Nordstrom.



Les Jackson with his hand-crafted kransekake.



Norwegian Consul for Northern Alberta - B. Møriskbak and Solglyt President Sylvia Colleton.

## Syttende Mai – 17.mai.2022

We managed to hold our May 17th event, with a flag-raising and a nice hotdog 'sen ettermiddag' lunch. It was very well attended, and people were happy to meet again in person. Bjørn Møriskbak, Northern Alberta Honorary Consul brought greetings from the Royal Family of Norway.

More photos: <https://www.flickr.com/photos/sonsofnorway/albums/72177720300740947>

**Culture Co-ordinator Brenda Carlstad**





First glimpse of L'Anse Aux Meadows encampment.

# My Norwegian Roots

## Vikings in Canada - L'Anse Aux Meadows, Nfld

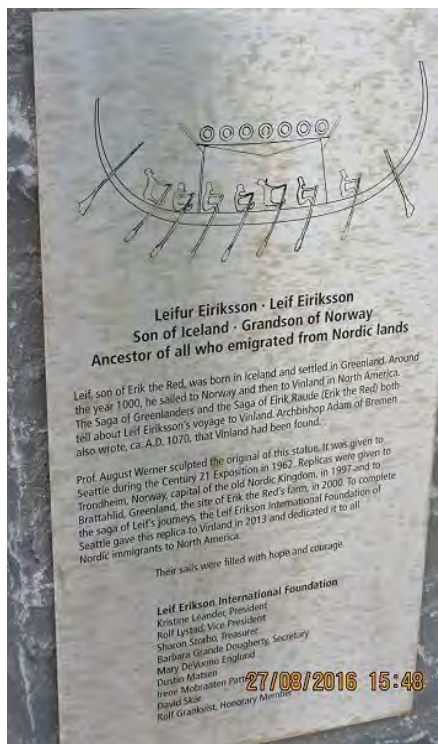
### When Did Vikings First Set Foot in Canada, eh?

***"Leifur Eiríksson - Leif Eiríksson  
Son of Iceland - Grandson of Norway  
Ancestor of all who emigrated  
from Nordic Lands"***

That's the inscription at the top of the plaque for the Statue of Leif Eiríksson erected at L'Anse Aux Meadows near St. Anthony, Newfoundland

The rest of the Leifur Eiríksson plaque reads: "Leif, son of Erik the red, was born in Iceland and settled in Greenland. Around the year 1000, he sailed to Norway and then to Vinland in North America. The Saga of Greenlanders and the Saga of Eirik Raude (Erik the Red) both tell about Leif Eiríksson's voyage to Vinland. Archbishop Adam of Bremen also wrote, ca. 1070, that Vinland had been found."

The plaque continues as follows: "Prof. August Werner sculpted the original of this statue. It was given to Seattle during the Century 21 Exposition in 1962. Replicas were given to Trondheim, Norway, capital of the old Nordic Kingdom, in 1997 and to Brattahlid, Greenland the site of Erik the Red's farm, in 2000. To complete the saga of Leif's journeys, the Leif Erikson International Foundation of



Tribute to Leif Eiríksson.

Leif Eiríksson (Son of Erik the Red).

Donors (including several Sons of Norway Lodges).





**“Vinland”** The name Leif Eiriksson called the settlement he founded.

Seattle gave this replica to Vinland in 2013 and dedicated it to all Nordic immigrants to North America.

Their sails were filled with hope and courage.”

It was August, 2016 when my husband and I had the opportunity to visit L’Anse Aux Meadows. I was well aware of it’s existence and it was a large part of the reason my husband and I signed up to a 32 day Maritime trip with an RV Tour company.

From the time we joined our group at Bar Harbour, Maine; my main thought was “how incredible will it be to stand on the ground where my ancient ancestors first set foot on this continent!” I couldn’t wait to get there and I must say that it did not disappoint!

Since the photo of the ‘plaque’ for l’Anse Aux Meadows” (above) is difficult to read I will type it for you; the English says:

“Discovered in 1960, this is the first authenticated Norse site found in North America and could be Leif Ericsson’s short-lived Vinland camp. Some time about AD 1000 Norse seafarers established a base here from which they explored southwards. the traces of bog iron found - the first known example of iron smelting in the new world - in conjunction with evidence of carpentry suggest that boat repair was an important



**View to depict the proximity of L’Anse Aux Meadows to water.**



### Voyage of the Vikings.

activity. The distance from their homelands and conflict with Native people may have led the Norse to abandon the site.” “Historic Sites and Monuments Board of Canada.”

There was a wonderful display area housed in a very modern building; there was lots to read and lots to learn. From the ‘Centre’ we were assigned to a Tour Guide who led us to the fenced grounds of ‘L’Anse Aux Meadows’ and explained much of what we were seeing.

I was astounded by the beauty of the area; though rugged, it was very peaceful and lovely. Beyond the beauty was the overwhelming “history” that was centuries old. UffDA! No end of history to read about and explore here!

According to legend and the Biography of Erik the Red: “It is believed that Erik the Red was born in 950 in Rogaland on the southwestern tip of Norway.

“As a child, Erik the Red left his native Norway for western Iceland with his father. When Erik was exiled from Iceland circa 980, he decided



### Emigrant Statue at L’Anse Aux Meadows.

to explore the land to the west (Greenland). He sailed in 982 but was unable to approach the coast because of ice drift.

“In 985, he (Erik the Red) set out with 25 ships and more than 400 people. Several ships had to turn back or were lost, but 14 arrived, and soon pilgrims established two colonies, the Eastern Settlement and the Western Settlement, with a number of small settlements between them. Here, Erik the Red, lived like a lord with his wife and four children, sons Leif, Thorvald, and Thorstein and daughter Freydis.

“The settlements are said to have survived a deadly epidemic, but never grew to more than 2,500 – 5,000 people. The colonies eventually died out around the time of Columbus. Legend states that Erik died soon after the turn of the millennium, possibly due to complications from injuries sustained after falling from a horse.” (Excerpt from (<https://www.biography.com/explorer/erik-the-red>).

It is believed that while Erik the Red lived in



**L’Anse Aux Meadows, directional sign to National Historic Park.**



**Grounds at L’Anse Aux Meadows from another angle.**





**Well-known Norse dragon head Architecture.**

Greenland he made expeditions to several areas, one of which was to become the L'Anse Aux Meadows area in Newfoundland.

The buildings, especially the long house, was phenomenal. It had walls that were a couple feet thick, the venting was such that condensation would not be a problem, and the fire was located in the middle so as to generate heat throughout the large structure. The size of the long house was immense. Costumed tour guides were stationed in each building and gave a thorough explanation of all the intricacies of building and living in a structure such as what we were seeing.

The tour guides in each of the buildings did a marvellous job of staying 'in costume' to tell of the stories of this early settlement.

The boat building shop was an immense building; the tour guide in this building spoke at length about the huge boat that was being built.



**Weaving.**



**Tour guide in Long house.**

Rob and I were very impressed with the length and breadth of this boat; and to think this size of boat was being built in those early 'ages' was hard to imagine. They were totally awesome craftsmen for sure!

The history of L'Anse Aux Meadows was spelled out for us and I was glad for that; I had read a little about L'Anse Aux Meadows but didn't feel confident that I knew all there was to know. Between the tour guide explanations, and the plaques, that were plentiful I feel like I had a great history lesson.

The story of how L'Anse Aux Meadows was discovered was very interesting:

"It was nearly nine centuries later, in 1960 that a Norwegian explorer and writer, Helge Ingstad, came upon the site of L'Anse Aux Meadows..."

"For the next eight years, Helge and his wife, archaeologist Anne Stine Ingstad, led an international team of archaeologists from Norway, Iceland, Sweden, and the United States in the excavation of the site.



**Warrior Shield and helmet.**



**More incredible Architecture that was in the long building.**

"The Ingstads found that the overgrown ridges were the lower courses of the walls of eight Norse buildings from the 11th century. The walls and roofs had been sod, laid over a supporting frame. The buildings were of the same kind as those used in Iceland and Greenland just before and after the year 1000. Long narrow fireplaces in the middle of the floor served for heating, lighting, and cooking.

"Among the ruins of the buildings, excavators unearthed the same kind of artifacts found on similar sites in Iceland and Greenland..." (Excerpt from (<https://www.biography.com/explorer/erik-the-red>).

From this history lesson it is evident that Erik the Red discovered America long before the Italian explorer, Christopher Columbus, is credited with having discovered North America in October of 1492. When Erik discovered it, he called it Vinland in his journals.

I loved the feeling of immersion into Scandinavia while visiting this area; there was the Viking village, the Viking Trail, and the Viking Shop. It felt like a hug from Norway!



**Raising animals for wool to make clothing.**





**Boat Building at L'Anse Aux Meadows.**

After all the 'educational' part of this history lesson, it was time to let loose and just 'be with nature' so a few of us took to the Nuddick trail and had a wondrous walk before heading back to our RVs for the planned event for the evening meal and entertainment.

Our group of approximately 30 people enjoyed an awesome Viking Feast at the Lightkeepers Cafe in St. Anthony, Nfld. where we were knighted as 'honorary vikings', divided into several groups, and asked to determine charges against one or more of the other 'groups' of our fellow travelers.

Between courses of a very tasty buffet (intended to mirror the food that the Vikings may have eaten), we had to present our case to a "Viking" lawmaker.

The 'lawmaker' decided upon the sentence and punishments to be served; these were as wacky as the trumped up charges. It was a very entertaining evening and having a great group of fun-loving travelers in our caravan, the audience participation of this Viking-themed event was a tremendous success. In fact some of us were talking, next day, about how our sides were still sore from having laughed so long and hard at the Viking Feast entertainment.

L'Anse Aux Meadows is of international



**View of L'Anse Aux Meadows from distance.**

archaeological significance, it has a powerful place in history and the site's interpreters dressed in costumes of the era as they re-enacted history before our very eyes made our visit to this piece of heritage enlightening, insightful, and a truly memorable experience.

Visiting and exploring at L'Anse Aux Meadows was a major highlight of the Canadian Maritimes trip for me; located at the tip of Newfoundland's Great Northern Peninsula L'Anse Aux Meadows was declared a UNESCO World Heritage site in 1978.

If you ever have the opportunity to visit this piece of history, take it. As the plaque at the foot of Leif Eiriksson says "Ancestor of all who emigrated from Nordic Lands"; this 'Heritage Site' has significance for you and your heritage.



**Iris Hagen Dunham, Blogger of Scandinavian Heritage at**  
<https://journeythrutheagesacademy.com>



**View from the Nuddick path.**



**Anne Stine & Helge Ingstad.**



**Unique Entrance to walking path at L'Anse Aux Meadows.**



**One of the buildings at L'Anse Aux Meadows.**



**Viking Feast menu item.**



**Viking Feast server and patrons.**



ARKIVVERKET  
DIGITALARKIVET



Digitised parish registers

The Digital Archives

# My Norwegian Roots

## Invaluable Norwegian Genealogical Search and Reference Links

Use these listings as a resource when searching for records in the Norwegian Digital Archives. Explanation of the contents of church records and census and emigration records. User guides for the Digital Archives.

**The Norwegian Digital Archive homepage:** [digitalarkivet.no](http://digitalarkivet.no)

**Browsing church records, Norwegian and English:**

[media.digitalarkivet.no/kb/browse](http://media.digitalarkivet.no/kb/browse)  
[media.digitalarkivet.no/en/kb/browse](http://media.digitalarkivet.no/en/kb/browse)

**Basic search for person from the Digital Archive homepage:**  
[digitalarkivet.no/en](http://digitalarkivet.no/en)

**Advanced person search:**  
[digitalarkivet.no/en/search/persons/advanced](http://digitalarkivet.no/en/search/persons/advanced)

**Search in emigration register:** [digitalarkivet.no/en/search/3](http://digitalarkivet.no/en/search/3)

**Search for properties:** [digitalarkivet.no/en/search/properties](http://digitalarkivet.no/en/search/properties)

**Find source:** [digitalarkivet.no/en/search/sources](http://digitalarkivet.no/en/search/sources)

**More searches: Born and baptised:** [digitalarkivet.no/en/search/76](http://digitalarkivet.no/en/search/76)

**More searches: 1910 Census:** [digitalarkivet.no/en/census/search/1910](http://digitalarkivet.no/en/census/search/1910)

### Digitalarkivet User Guides and Information Sheets

**About the Digital Archives:**  
[arkivverket.no/en/find-your-ancestors/online-sources](http://arkivverket.no/en/find-your-ancestors/online-sources)  
[digitalarkivet.no/en/content/about-da](http://digitalarkivet.no/en/content/about-da)  
[digitalarkivet.no/en/content/church-books](http://digitalarkivet.no/en/content/church-books)

**Contents page for church books:**  
[digitalarkivet.no/en/content/print-scanned-source](http://digitalarkivet.no/en/content/print-scanned-source)  
[digitalarkivet.no/en/content/107/questions-about-scanned-material](http://digitalarkivet.no/en/content/107/questions-about-scanned-material)

**General information on search forms:**  
[digitalarkivet.no/en/content/tutorial-search-form](http://digitalarkivet.no/en/content/tutorial-search-form)

**Name variant results:** [digitalarkivet.no/en/content/search-names](http://digitalarkivet.no/en/content/search-names)

**Searching with special search characters:**  
[digitalarkivet.no/en/content/search-truncate](http://digitalarkivet.no/en/content/search-truncate)  
[digitalarkivet.no/en/content/277/basic-person-search](http://digitalarkivet.no/en/content/277/basic-person-search)  
[digitalarkivet.no/en/content/289/advanced-person-search](http://digitalarkivet.no/en/content/289/advanced-person-search)  
[digitalarkivet.no/en/content/find-source](http://digitalarkivet.no/en/content/find-source)  
[digitalarkivet.no/en/content/censuses](http://digitalarkivet.no/en/content/censuses)

**Trace your Norwegian ancestry:**  
[digitalarkivet.no/en/content/start-genealogy](http://digitalarkivet.no/en/content/start-genealogy)

**Digital Archives user accounts:**  
[digitalarkivet.no/en/content/219/user-accounts-logging-in-and-discussion-forum](http://digitalarkivet.no/en/content/219/user-accounts-logging-in-and-discussion-forum)

### Useful References for Norwegian-American Genealogy

[familysearch.org/wiki/en/Norwegian\\_Genealogical\\_Word\\_List/](http://familysearch.org/wiki/en/Norwegian_Genealogical_Word_List/)

**Norwegian naming practices by John Føllesdal:**  
[homepages.rootsweb.com/~norway/na12.html](http://homepages.rootsweb.com/~norway/na12.html)

**Church records, illegitimacy, etc.**  
**Included are record headings for different time periods.**  
[homepages.rootsweb.ancestry.com/~norway/na20.html](http://homepages.rootsweb.ancestry.com/~norway/na20.html)  
[familysearch.org/wiki/en/Norway\\_Church\\_Records](http://familysearch.org/wiki/en/Norway_Church_Records)

**Abbreviations used in censuses of 1865-1900 (actually 1910):**  
[homepages.rootsweb.ancestry.com/~norway/census\\_abbreviations.html](http://homepages.rootsweb.ancestry.com/~norway/census_abbreviations.html)

**Old, old Digital Archives:**  
[gda.arkivverket.no/cgi-win/WebMeta.exe?spraak=e](http://gda.arkivverket.no/cgi-win/WebMeta.exe?spraak=e)

**The Norwegian Historical Data Centre (NHDC). Access to Norwegian censuses, 1801 - 1910, and "Søk i matrikkel 1886", the property tax rolls for 1886 (not in the English version):**  
[rhd.uit.no/index.html](http://rhd.uit.no/index.html)

**FamilySearch has historical records for America and many other countries. Included are Norwegian baptisms, marriages, and burials:**  
[familysearch.org/wiki/en/Norway\\_Genealogy](http://familysearch.org/wiki/en/Norway_Genealogy)  
[familysearch.org/search/collection/location/1927171?region=Norway](http://familysearch.org/search/collection/location/1927171?region=Norway)

**The Norwegian-American Historical Association has indexes to materials in its various collections:**  
<https://naha.stolaf.edu/archives/>

**Mapping program (Norwegian only); good for finding today's farms, distances, etc:** [kart.finn.no](http://kart.finn.no)

**Emigrant ships and much more on emigration:**  
[norwayheritage.com](http://norwayheritage.com)  
[norwayheritage.com/norwegian-emigration-records.htm](http://norwayheritage.com/norwegian-emigration-records.htm)

*Courtesy of 7-Lag Stevne 2019- Fargo, North Dakota.*



## The Egg that Traveled to America

In 1898, 18 year-old Ole Brude barely survived a hurricane on a steamship, no thanks to a wooden lifeboat that was crushed by the sea when it was lowered down. From then on, Ole wondered what a reliable lifeboat should be, and made it his mission to find out.

As luck would have it, the World's Fair in St. Louis was happening in 1904 and there was a 417,000 kroner [equivalent to 40 million kroner, or US \$4.2 million today] prize to the one who came up with a revolutionary lifeboat. Ole had come up with the idea of a lifeboat shaped as an egg and soon after, his covered lifeboat was constructed out of steel, measuring six meters long.

To show the world his magnificent invention, Ole and three others set sail to America in "the egg" in July 1904. Unfortunately, the journey was long and grueling; Ole missed the World's Fair by about two months. But nonetheless, Ole and "the egg" drew quite the attention.

Interestingly enough, covered lifeboats became mandated in 1978. Ole was 70 years too early.

Photo Credit: Sunnmore Museum, via lindahill.org



Photo Credit: Tomas Dahl via hessdalen.org

## Norway's UFO Hotspot

Norway is a great place to witness the northern lights- an interplay of solar winds and the earth's magnetic field. However, one small valley in the center of Norway regularly experiences a different kind of light show.

Hessdalen (the Hess Valley), located 75 miles south of Trondheim, has been visited by mysterious orbs of light since the 1930s. The lights vary in color, duration and behavior. Some flash for a few seconds while others linger for over an hour. They swoop and sway and hover and have been observed above and below the horizon, by day and by night.

The source of these illuminations may be underground. Scientists speculate that the extremely high and varied mineral content of the slopes surrounding the valley generate a high electric field, acting like a huge battery. It is so strong that it lights up wafts of energy in the air that would usually remain invisible to the human eye. Of course, this is just one theory. Who knows what might be out there?

## Unique Textiles Found in a Viking Woman's Grave

In 2020, before a new highway project launched in Hestnes, Trøndelag county, archaeologists studied the area and came across a burial site of a woman from the Viking era.

The style of chamber grave within a burial mound is atypical for central Norway and is more commonly found in southern Sweden and Denmark. Analysis of the grave revealed the approximate year of burial between 850 and 950 CE- the middle of the Viking Age.

Archaeologists from NTNU [the Norwegian University of Science and Technology] in Trondheim uncovered unexpected artefacts including wool and linen fabric, a large fabric swatch adorned with multicolored embroidery and a turtle brooch. Also excavated were hundreds of pearl beads, two wool combs and a variety of brooches.

The number of objects related to textile-making could point to this person as having worked in textile production or mean that they were exceptionally affluent.

Next, archaeologists will examine the cloth to determine the color of the fabric and embroidery and try to show whether the wool derived from sheep in Norway, or other environs.



Photo : Åge Højem, NTNU University Museum

**The brooch with the textiles was found in a woman's grave at Hestnes in southern Trøndelag county during excavations in 2020. The grave has been dated to approximately 850-950CE, in the middle of the Viking Age.**

# Deliciously Nordic

## Strawberry and Rye Berry Salad with Mushrooms, Goat Cheese, and Almonds

*This recipe features strawberries paired with grain, almonds, dill, fresh cheese, and more for a healthy & tasty dish. Serves 4.*

### Ingredients:

- 3/4 cup rye berries\*
- 2 1/2 cups water
- 2 Tbsp. extra-virgin olive oil
- 8 ounces sliced fresh mushrooms
- 1 cup sliced almonds
- 2 Tbsp. sherry vinegar
- 1 tsp. kosher salt
- 3 Tbsp. roasted or regular walnut oil
- 1 cup sliced fresh strawberries (5 ounces)
- 1 Tbsp. chopped fresh dill
- 4 ounces fresh goat cheese (chèvre) crumbled

**Directions:** Rinse the rye berries, then place in a medium saucepan

with the water and bring to a boil. Lower the heat, then cover and simmer until tender, about one hour. Drain any excess water, then cool the cooked grains to room temperature and transfer to a large bowl.

In a large pan, heat olive oil over medium-high heat until it glistens. Add the mushrooms and sauté until tender, about 5 minutes, then transfer to a bowl and set aside. Using the same pan, briefly toast the almonds over medium heat, then roughly chop.

In a small bowl, combine the vinegar and salt, then slowly whisk in the walnut oil. Pour the dressing over the cooled rye berries and toss to coat, then add the sautéed mushrooms, half of the almonds, all of the straw-



berries and dill, and toss gently to combine. Top with the crumbled goat cheese and the remaining almonds. Serve at room temperature.

**Notes:** Rye berries are available in the bulk bin section of many groceries. Substitute another grain, such as farro or wheat berries, if you wish, adjusting cooking time as needed.

*Recipe Source: Outside Oslo, Daytona Strong.*



## Lingonberry Cake

*Tangy-sweet lingonberry jam brings together fluffy cake and crunchy streusel, pairing well with coffee, tea or brunch.*

### Ingredients For the Cake:

- Scant 2 cups flour
- 2/3 cup sugar
- 1 Tbsp. baking powder
- Scant 2/3 cup unsalted butter
- 1 egg
- 3/4 cup lingonberry preserves

**Directions:** Preheat the oven to 400°F.

Combine flour, sugar, and baking powder then cut in the butter with pastry blender. Add the egg and mix well. Spread into a greased 8" x 12" pan. Spread the preserves over the batter. Mix streusel topping together using a pastry cutter or two knives and sprinkle over lingonberry preserves.

Bake 25-30 minutes, until golden. Cool in the pan.

### Ingredients for Streusel Topping:

- 2/3 cup oatmeal
- 3 Tbsp. butter
- 1/2 cup sugar
- 1 tsp. vanilla sugar (or 1/2 tsp. vanilla extract)





## Disse fuglene flyr halve kloden rundt uten pause

Nylig fløy en kjempehavørn seg helt bort og havnet på feil side av jordkloden. Men for terner og spover er det helt vanlig å fly halve kloden rundt to ganger i året.

I november i år dukket en rufsete kjempehavørn opp på østkysten av Canada.

Den hadde flydd seg vill, og havnet omtrent 7.500 kilometer bort fra sitt naturlige område. Vanligvis lever den i Kina, Japan eller østkysten av Russland.

Fugletittere strømmet til fra alle kanter for å se den sjeldne gjesten.

Det er vanlig at noen fugler forflytter seg over veldig lange avstander. Det er typisk for de fuglene som vi kaller trekkfugler, forklarer John Atle Kålås.

Han er fugleforsker ved Norsk institutt for naturforskning, NINA.

Kålås tror ikke kjempehavørnen noen gang kommer til å finne veien hjem igjen, for den har hav på omtrent alle kanter.

### Utrolig lange reiser

Mange av våre trekkfugler flyr «bare» til Spania eller Kanariøyene hvor de liker å være om vinteren. Akkurat som mange norske besteforeldre.

Og om våren kommer de tilbake til Norge.

– Mange fuglearter kommer helst tilbake til dit de ble født og vokste opp, sier Kålås.

Men noen trekkfugler flyr veldig langt, to ganger i året.

– Det er mange nesten utrolige eksempler på slike lange reiser, sier fugleforskeren John Atle Kålås.

### Flyr over åpent hav uten å mellomlande

Terner fra Norge flyr helt ned mot Sydpolen om høsten og blir der over vinteren. Det er nesten fra den ene polen til den andre.

Lappspover kan fly helt Alaska og helt til New Zealand, utenfor Australia. Det er en strekning på over 15.000 kilometer.

Rekorden ble registrert i fjor, skriver CTV News.

Da flyr de over åpent hav – uten å mellomlande en eneste gang for å ta en pause.

Det er over åtte ganger så langt som Norge på langs fra Nordkapp til Lindesnes.

<https://ung.forskning.no/fugler/disse-fuglene-flyr-halve-kloden-rundt-uten-pause/1938138>

## These Birds Fly Halfway around the Globe without a Break

Recently, a Pacific sea eagle flew completely off-course and ended up on the wrong side of the globe. But for terns and curlews, it is quite common to fly half-way around the globe twice a year.

In November [last] year, a Pacific sea eagle appeared on the east coast of Canada.

It had flown the wrong way, and ended up about 7,500 kilometers [4,600 miles] away from its natural area. It usually lives in China, Japan or on the east coast of Russia.

Birdwatchers flocked in from all sides to see the unusual guest.

It is common for some birds to cover very long distances. It is typical of the birds that we call migratory birds, explains John Atle Kålås.

He is a bird researcher at the Norwegian Institute for Natural Research, NINA.

Kålås does not think the Pacific sea eagle will ever find its way home again, because it has seas on almost all sides.

### Incredibly long journeys

Many of our [Norway's] migratory birds fly “only” to Spain or the Canary Islands where they like to spend the winter. Just like many Norwegian grandparents.

And in the spring they return to Norway.

“Many bird species prefer to return to where they were born and grew up,” says Kålås.

But some migratory birds fly great distances, twice a year.

“There are many almost incredible examples of such long journeys,” says bird researcher John Atle Kålås.

### Flying over the open sea without landing

Terns from Norway fly all the way to the South Pole in the autumn and stay there over the winter. It is almost from one pole to the other.

Bar-tailed godwits can fly all the way to Alaska and all the way to New Zealand, outside Australia. It is a stretch of over 15,000 kilometers [9300 miles].

The record was registered last year, writes CTV News.

Then they fly over the open sea - without stopping once to take a break.

This distance is over eight times the length of Norway from the North Cape to Lindesnes.

## Sissel Receives Humanitarian Award



**Sissel Kyrkjebø 2022,**  
**sisselmusic.com**

In April, Sissel Kyrkjebø received the first-ever Creativity award from the Roots of Humanity Foundation for her humanitarian work and the hopeful messages in her music.

Sissel has been a UNICEF ambassador since 2005. She has received Spellemannsprisen (Norwegian Grammy) in both Årets spellemann (Artist of the Year) and Jyrens hederspris (Lifetime Achievement) categories. She has also been knighted by Norway's king as a Knight of the 1st Class in the Order of St. Olav.

After performing in Eurovision 1986, Sissel became a household name in

Norway, known for her bell-like voice. She has recorded with the Mormon Tabernacle Choir, Plácido Domingo and performed on film soundtracks such as Lord of the Rings and Titanic.

The Seven Pillars of Humanity are conferred in the subjects of knowledge, creativity, faith, love, unity, freedom and courage. "Sissel exudes all the qualities of human ability," said Tom Holdman, artist and founding board member of the Roots of Humanity Foundation. "We could not have been happier to honor her talent as a singer."

## Help Spread Some Sunshine

Is there a Solglyt Lodge member who needs to be remembered? It could be a Milestone Birthday or Anniversary Greeting, a Get Well Card or support for a loss.

**Karin Jackson**, *Sunshine Director*, would like to remind members to email her, please include the full name and nature of the request.  
**Karin's email is lesandkarin@hotmail.com**

## 2022/23 Newsletter Submissions

**November/December** - submissions due by October 26, 2022.

**January/February** - submissions due by December 29, 2022.

We welcome and encourage your newsletter submissions, including personal stories and photos. Please e-mail submissions to: **sjamison@greatwest.ca** and indicate SON Newsletter in the subject line. Early submission of articles, when possible, is appreciated.



## Photos Please!

**The Viking** magazine – if you have any photos you believe could be shared with Sons of Norway members, please send them to **brenda@clmedia.com** for submission to the District 4 Publicity Director. Solglyt has a selection of photos via our own website via **<https://www.flickr.com/photos/sonsofnorway/sets/>**



## Stamp Club

We need more stamps, please be sure to save stamps from any mail you might receive. They may be dropped off or mailed to: **Elaine Domier, 11759 – 37 Ave., Edmonton, AB T6J 0J3.**

If you are can't get them to Elaine, please hold onto them. Bring them to a membership evening when we are able to meet again.



### HALL RENTALS

**For weddings, Anniversaries,  
Company parties, Reunions,  
Dances, Business Meetings etc.**

**International Hall**

**Nordic Room**

**Board Room**

**Frank Stolk—780-984-4569**  
**Club members and ESCA members  
receive a discount on the rental fee**

## The Norwegian Birthday Song

**To all Solglyt members celebrating a birthday from September to October, here is your song!**

Hurra for deg som fyller ditt ar!  
Ja, deg vil vi gratulære!  
Alle i ring omkring deg vi star,  
og se, na vil vi marsjere,  
bukke, nikke, neie, snu oss omkring,  
danse for deg med hopp og sprett og spring  
onske deg av hjertet alle gode ting!  
Og si meg sa, hva vil du mere?  
Gratulaere!

Hurray for you celebrating your Birthday!  
Yes we congratulate you!  
We all stand around you in a ring,  
And look, now we'll march,  
Bow, nod, curtsy, we turn around,  
Dance for you and hop and skip and jump!  
Wishing you from the heart all good things!  
And tell me, what more could you want?  
Congratulations!

