

February Newsletter



**SAVE THE DATE!**

**August 9-15<sup>th</sup>**

Registration Opening Soon!



Our theme for 2026 is Sports in Norway

Our summer camp was formed to promote and preserve Norwegian heritage through history, crafts, traditional skills and culture classes. Although the focus is Norwegian, all things Scandinavian are embraced. Attendees do not have to be of Norwegian or Scandinavian descent or a member of any affiliated groups.

Check out our website! [www.trollhaugenalberta.com](http://www.trollhaugenalberta.com)

**HAPPY BIRTHDAY!!**

Mark your calendars, Kathy Fenton's birthday approaches. This camper celebrates her 100th birthday this February 25th!

Fun fact about Kathy: when asked about what's on her bucket list, she will let you know that she is up for anything she hasn't done yet! That is a long list!

Happy Birthday from your entire family!



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## Sports & Olympics 2026

# Sports

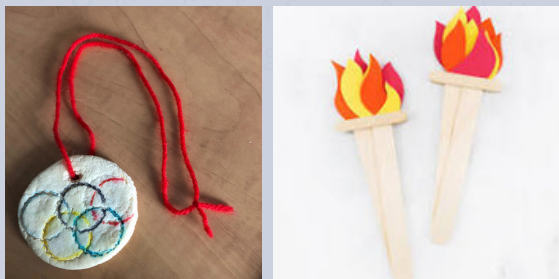
Current memberships expire December 31

Please contact us at [registrar@trollhaugenalberta.com](mailto:registrar@trollhaugenalberta.com)

**We are planning to incorporate our theme in as many activities as we can manage including crafts, sports, culture!**

For only \$20 access to:

### Crafts



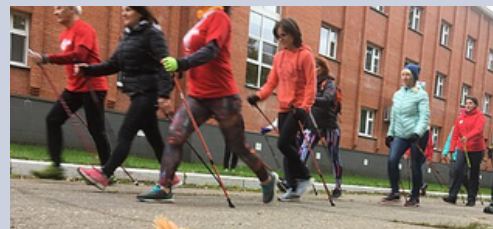
### Sports



### Hardanger



### Nordic Walking



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### READY FOR A CHILLY SNOOZE?

It's a common Norwegian and Nordic tradition to let babies nap outside in strollers, even in winter, based on beliefs that fresh, cold air promotes deeper sleep, stronger immunity, and resilience, with babies bundled in layers, wool, and insulated sleeping bags for safety and warmth.

This practice is deeply cultural, supported by high social trust, and common in homes, cafes, and kindergartens, with parents ensuring babies are well-dressed and monitored, not left unprotected

### Generations Award Nominations

Do you know someone who should be recognized for their contributions to Trollhaugen over the years?

If so, please contact our Generations Award Committee.

[Alyssa@trollhaugenalberta.com](mailto:Alyssa@trollhaugenalberta.com)

Do you have an event coming up or an idea for something we should include in a future newsletter? Reach out to:

[miranda@trollhaugenalberta.com](mailto:miranda@trollhaugenalberta.com)

### Celebrate Scandinavian culture all year long



### Join your local Club!

<https://www.norway.no/en/canada/norway-canada/scandinavian-associations-in-canada/>



## In Memoriam

We are saddened to announce that Muriel Jean Sidney “Peggy” Day passed away on Sunday, January 25, 2026, in Grande Prairie, AB, at the age of 87 years.

Peggy was born on March 31, 1938, in Grande Prairie.

Peggy was well known for her exceptional handiwork skills, from sewing to knitting to crocheting. She was rarely seen without some form of work in her hands. Peggy clothed and warmed countless children and babies with beautiful sweaters and blankets. Her grandchildren were especially proud to wear their “Grandma Peggy” sweaters at every opportunity. She passed on her creative nature and skills to her children and ingrained in them the value of hard work. In the last years of her life, Peggy focused on her children and grandchildren, spending a lot of time with them. She will be dearly missed by all who knew her.

Her full obituary can be found here:

<https://www.oliversfuneralhome.com/obituaries/muriel-jean-sidney-peggy-day/>

